

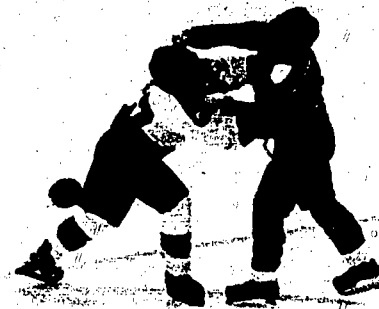
Line work

Work's begun to connect Terrace with more phone and cable options
NEWS A11



Transformation

Vancouver photographer brings a cultural bonanza in his multimedia show
COMMUNITY B1



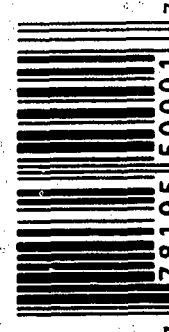
Slugfest

The River Kings duke it out with the Ice Demons at CIHL championship
SPORTS B4

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STANDARD



VOL.18 NO. 48

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Wednesday, March 8, 2006

Trauma improvements sought

A REGIONAL taxing authority is spending \$30,000 to determine what kind of trauma services are now available in the area and what's needed to overcome any gaps.

Gathering this kind of information will then form the basis of pushing for trauma services improvement, says Sharon Hartwell, the mayor of Telkwa and chair of the North West Regional Hospital District.

It's also important to improve trauma services considering the economic development potential of the area which will

put more heavy industrial traffic on the roads and inevitability more accidents, she added.

"We know mining is growing in the north and that will mean more traffic. The [Prince Rupert container] port will add more traffic and with more logging trucks because of the pine beetle logging, we need to be ready," Hartwell said.

Doing something about the relative lack of trauma services in this area has already been a consistent theme of the Terrace medical community and of city council's health services committee.

The \$30,000, which will come in the form of taxes levied by the regional hospital district on regional homes and businesses, is being provided to a much larger trauma study being undertaken by a provincial agency.

It means B.C. Trauma Services will be able to focus on the northwest and provide specific information on the region.

"We are well aware of the high injury and trauma death rates in northwestern B.C. that are well above provincial and national averages and we are delighted to be in partnership with the hospital dis-

trict," said Dr. Richard Simons of B.C. Trauma Services.

Simons and other trauma specialists will visit the area in early summer as part of their information gathering task.

Hartwell said lobbying to improve trauma services backed by solid information will come in handy with moves now afoot to eventually replace portions of Mills Memorial Hospital.

"We'll need to know exactly what's required as that planning proceeds," she said.

The North West Regional Hospital

District runs from the coast into the interior. Taxes it raises finance 40 per cent of construction and equipment purchases at regional health care facilities.

Its board is made up of local government officials including Terrace city councillor Lynne Christiansen who is one of its two vice chairs.

The hospital district, for instance, is helped finance the construction of a new intensive care unit at Mills Memorial Hospital that's now underway as well as the current renovations to the hospital's emergency room.

Rally backs Pretto in Shell dispute

By SARAH A. ZIMMERMAN

DISPLACED EMPLOYEES, local business people and neighbours gathered at the Kalum St. Shell service station March 3 to show support for owner Giannino Pretto whose tanks remain dry.

Pretto has suffered financially since 2001 when he exhausted his savings to pay for a costly environmental assessment and clean up of a portion of his property in the process of installing a new tank farm at Shell's request.

Pretto and Shell can't agree on who should take responsibility for contamination that remains on the site.

Because of that contamination, which reduces the property's value, Pretto's been unable to secure financing to purchase the gas in bulk from Shell to sell to his customers and he hasn't had gas in the tanks since late 2005.

Shell Canada recently made an offer to Pretto to pay for an environmental assessment of the site but it is based on several conditions and Pretto has not yet accepted the offer.

Pretto and his supporters believe the environmental contamination on the site predates his 1982 purchase so Shell Canada should pay to clean up the site or buy him out. They believe the discovery in 2001 of two underground gas tanks Pretto had never been informed were there, adds credence to the theory the contamination was not caused by him.

About 50 protestors carried signs in support of Pretto, including some of the six employees he had to lay off just before Christmas.

"I've been working here for 12 years so I've had to learn to get back in the workforce," says Valerie Brown, who participated in the rally with her three daughters.

Skeena NDP MP Nathan Cullen also attended the rally. Both he and NDP MLA Robin Austin have written letters to Shell in support of Pretto.

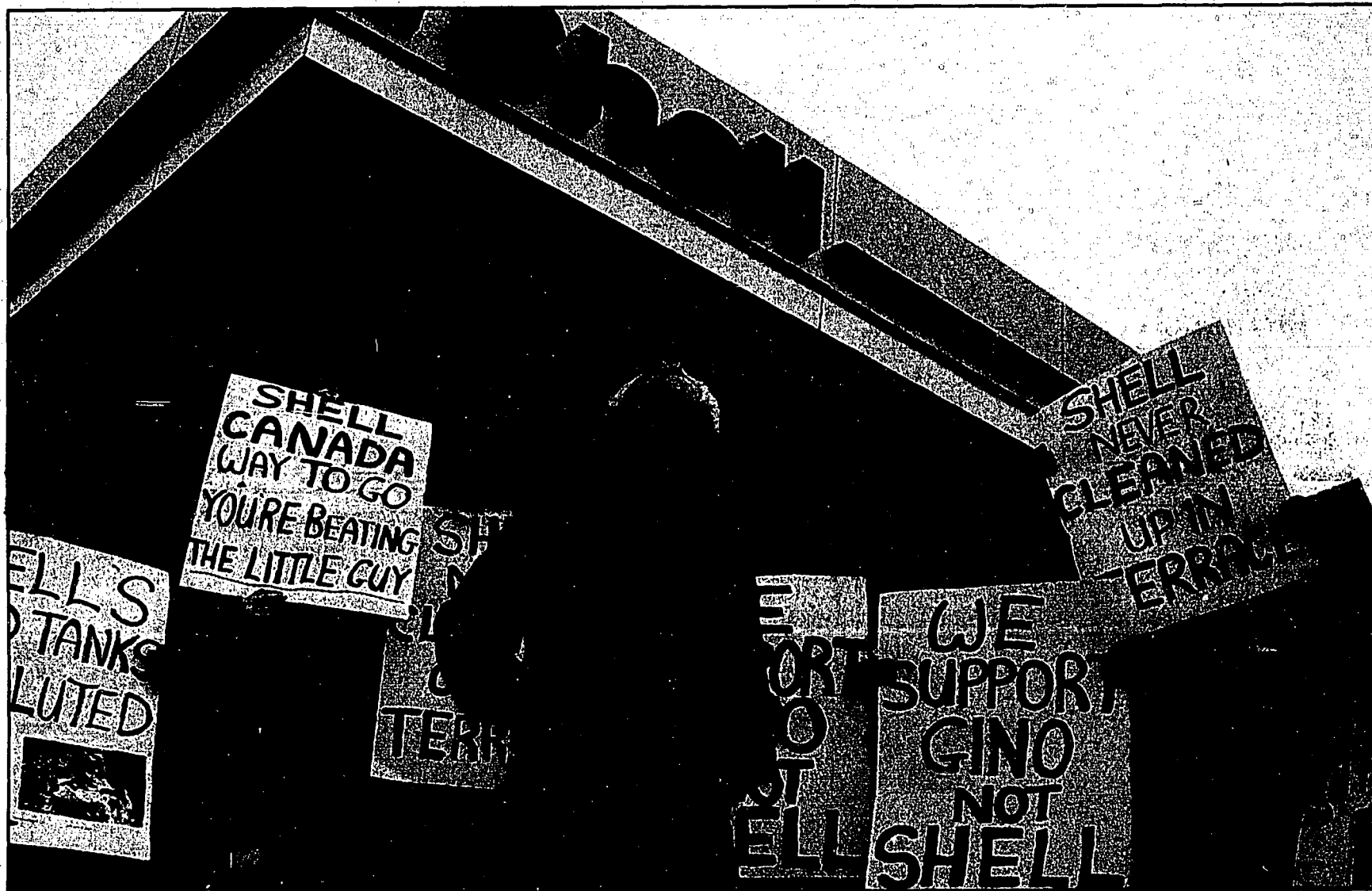
"This is about what business should be," Cullen said. "It's about community, it's incredible to see the support a business can get when a large multi-national ignores the interests of average, ordinary people," he said.

Others came to support a business owner they say goes out of his way to help people in the neighbourhood.

"I know very well he's helped out a lot of neighbourhood people here and he's getting crapped on," says Ron Floritto.

Juliana White lives down the street from Pretto's gas station and convenience store and has known Giannino since she was "kneehigh to a grasshopper."

"To me, it's typical of big business ganging up on the little guy," White said. "For me, personally, Giannino gives the kind of service to local people from someone who knows



ABOVE Giannino Pretto is surrounded by supporters at the Feb. 3 rally at his gas station. Photographed at right is Valerie Brown, one of Pretto's laid off employees, flanked by her daughters Ashley and Tyler.

SARAH A. ZIMMERMAN PHOTO

you - he's the little guy who knows when you need to be left alone and who knows when you need a smile.

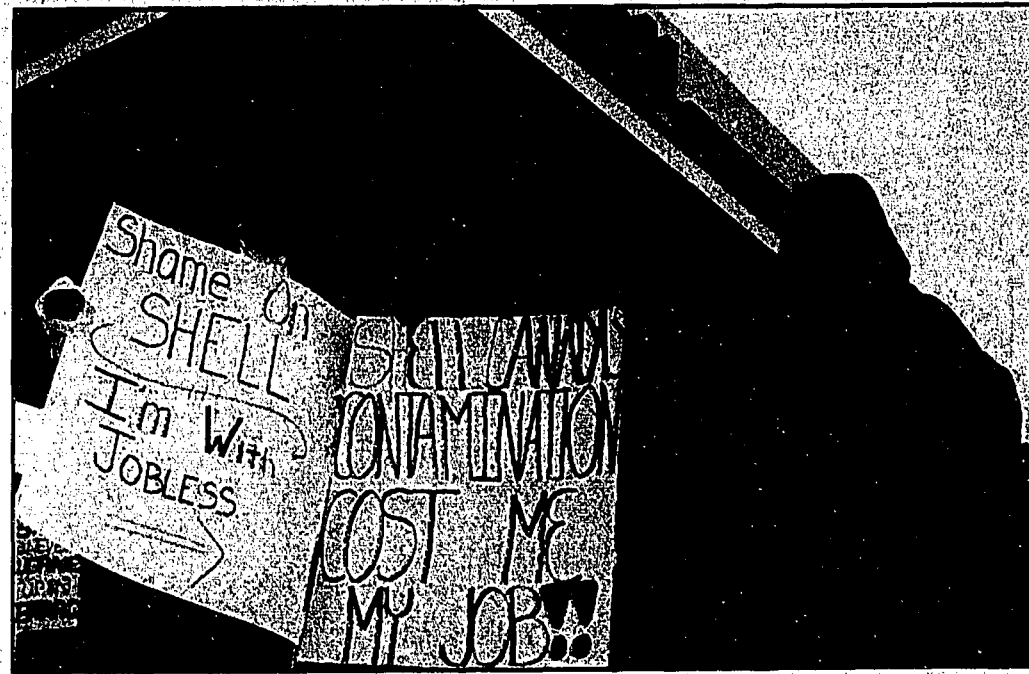
Several of Pretto's supporters hope the provincial environment ministry will get involved.

"I think it would be extremely advantageous for Giannino if the provincial environment people were involved with this," says long time Terrace resident Ron Gowe.

Roger Harris, a former gas bulk plant operator, says the problem lies with the cost of cleaning up contaminated sites far exceeding the value if the site were sold.

He says there needs to be a change in how companies can deal with the economics of cleaning up contaminated sites.

"I have no words to say, I'm just more than pleased," said Pretto of the support. "I don't have a way to thank these people."



Gov't wants to reduce numbers of aboriginal people being jailed

FAR TOO many native people are being sent to jail given the overall number of native people in relation to the population of B.C., says provincial solicitor general John Les.

So his ministry is working on a plan to reduce the numbers sent to prison and cut the amount of repeat offenders while ensuring public safety.

"We know we have a specific problem here and we need to look at ways of getting better results," said Les last week.

He's not sure yet what will transpire but did say aboriginal customs will play a role in reducing the number of native people sent to jail.

"Our overall objective is to have a system of correction, not just incarceration," Les added.

"Aboriginal people have practices and customs in their traditions that might produce better results."

The provincial plan will only address people accused of crimes that could result in imprisonment of two years less a day. Potential sentences of two years or more are the responsibility of the federal government.

The provincial initiative is not all new. There are existing programs, generally termed restorative justice, which are aimed at diverting those accused of crimes from entering the formal



John Les

justice and jail system in the first place.

And the current criminal code provides judges with the option of using different sentencing provisions for

native people compared to others in the criminal justice system.

But whatever happens, Les said the safety of the public from people who commit crimes will be the foundation.

"There will be no compromising public safety. That will be clear," he said.

Les added that any initiatives may differ in content around the province because individual native groups have different ways of handling criminal behaviour.

"We could be looking at what is culturally appropriate, whether it be programs or facilities," he continued.

Les said his ministry will concentrate on reducing the

number of repeat offenders, adding

Les said there is no specific budget set up for his ministry's handling of the issue and no timeline for any implementation of whatever is decided.

"This is a lot of work. I can tell you it won't be decided by Tuesday of next week," he said.

Some of what the government may have in mind was provided in the Feb. 14 Speech from the Throne which opened the current session of the provincial legislature.

It referred to community and to aboriginal courts to take the pressure of the existing court system.

Police want scam artist

By MARGARET SPEIRS

POLICE ARE looking for help in finding the woman who has been getting money from unsuspecting victims.

On Feb. 21 and 22, a female knocked on doors along the 4400 block of Lazelle and Park Avenues, asking the seniors who answered for money to aid in taking a sick child to hospital for treatment or for a donation to help Jenna Parks, the infant who underwent a heart transplant in an Edmonton hospital late last year.

In the first case the woman stole money from a table near the front door when the owner went into the back of the house for a minute. In the other, the homeowner gave the woman money.

Terrace RCMP Sgt. Bill Casault said people who prey on senior citizens are cowards because "you don't see [them] banging on your door or my door."

He said scams like this don't occur often in Terrace, but when they do, the elderly may be victimized because they tend to be home during the day when others are working. Incidents such as this should be reported immediately, Casault added. Those with information can call the RCMP at 638-7400 or Crimestoppers, 635-8477.

School board rejects motion to bring in outside advisor

By DUSTIN QUEZADA

ON THE eve of its first big decision as a new board of trustees, a motion brought forward by Kitimat trustee Huey-lin Wu during the board's monthly meeting March 1 proved to be hotly contested and divisive before it was defeated by a 6-3 margin.

The motion that called for the district "to seek assistance from an independent financial advisor to review the district's financial situation," came just three working days before the board was to make a decision on keeping or rejecting its four-day school week.

Trustees met publicly last night at the school board office to approve and adopt staying with the four-day week or returning to a standard or adjusted five-day week.

Wu, a first-time trustee, said she was simply acting on what she heard repeatedly from parents in meetings that took place throughout the district between Feb. 1 and March 6.

What she heard, said Wu, is that the majority of parents want a return to the five-day week without making the cuts the district had outlined as possible ways to make up for a \$1.28-million shortfall.

Those included closing two schools, cutting eight staffing positions, lopping off \$250,000 from special education programs, dropping building temperatures by 1 C and taking one bus route out of the system.

Three years in jail for sexual assaults

A KITIMAT man has been sentenced to three years federal time for a series of sexual assaults from the 1970s and 1980s.

Remi C. Jean, 60, received a three-year sentence from Mr. Justice Robert Bauman for one charge of indecent assault on a female and three charges of sexual assault in Terrace Supreme Court on March 1.

Jean was ordered to provide a DNA sample to police and to register as a sex offender.

Bauman handed down his verdict after a sentencing hearing that saw some of the victims testify in open court.

Jean had been found guilty of indecent assault against a woman by a Supreme Court jury July 19, 2005. He pled guilty to the remaining charges of sexual assault.

Crown counsel Barry Zacharias asked Bauman for sentencing to take place following the sentencing hearing for the remaining charges, which Bauman granted.

Zacharias asked for a sentence of 2-1/2 years to 3-1/2 years.

Defence counsel Gordon Crampton suggested a conditional sentence order that would be a maximum of two years less a day.

Zacharias said it wasn't known yet at which federal facility Jean will spend his time.

Corrections chooses a facility when it receives a copy of the facts from the judge.

Each facility has different programs, such as sexual offender counselling, that a convicted person may be able to take advantage of and determine where that person goes to serve time.

Between Jan. 1, 1972 and Dec. 31, 1979, Jean committed an indecent assault against a woman in the Delta and Surrey areas.

Between 1982 and 1985, he sexually assaulted three women in the Kitimat area.

Wu said parents in this district can't understand why other districts in similar circumstances can operate with a five-day week.

"We don't have the trust of parents," Wu said, in explaining her motion.

Individually, trustees addressed the motion in an often tense environment.

In particular, veteran board members Hal Stedham of Terrace and Kitimat's Barry Pankhurst were riled by what they perceived to be a questioning of administration budget figures.

"I have complete and utter confidence in our secretary treasurer (Marcel Georges)," Stedham said.

"To bring someone else in to make decisions arbitrarily to do what? Count paper clips and at the end of the day say, 'This is what you do.'"

Pankhurst questioned the wisdom of bringing someone from outside when the district's budget is already at its limit.

"We're going to pay someone to come in here? We can use that money

somewhere else," said Pankhurst.

"An impartial guy coming here would be to cut, not increase funding."

Trustees roundly backed what Pankhurst called the unbiased work of the administration.

Terrace trustee Diane Collins, who voted against the motion, said it should not be taken as a vote of confidence.

"I have a tremendous amount of trust in the administration, teachers and the trustees," she said.

Wu didn't back down from the verbal storm.

She said she was simply performing her duty to relay what parents - people who elected her - had said they wanted.

"This board has not been listening to parents for the last four years," Wu added.

Beleaguered secretary treasurer Georges says he was taken aback by the debate centered around the data he prepares.

"The info [parents] are after has always been there," Georges said. "They may not

understand what's behind them but it's not like the info was not shared."

The decision facing the board so soon into its mandate was not an easy one and some of the new trustees made it clear at the March 1 meeting they didn't have the knowledge to answer all questions posed by parents during consultations.

"There is a learning curve," said second term chair Lorrie Gowen who was a new trustee when the board first chose to adopt a four-day week. "These are the same issues."

Last year, trustees voted unanimously to retain the four-day week.

Prior to last night's vote, Gowen was predicting it wouldn't be unanimous this year.

Voting in favour of the motion were Wu, Terrace trustee Art Erasmus and Ray Raj from Kitimat.

Those against were Gowen, Hazelton trustee Peter Weeber, Terrace trustees Stedham and Collins, Stewart Craig Caruso and trustee Pankhurst from Kitimat.

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D A Y	Max Temp °C	Min Temp °C	Total Precip mm		D A Y	Max Temp °C	Min Temp °C	Total Precip mm	
24	-1.7	-9.2	T		24	7.5	-5.9	0.0	
25	-5.4	-11.4	0.0		25	8.4	-1.5	0.0	
26	-3.6	-11.7	0.0		26	8.8	-0.7	0.0	
27	0.2	-9.3	0.0		27	6.9	0.0	1.8	
28	-0.6	-6.9	0.0		28	12.7	2.6	0.0	
1	0.4	-4.0	0.0		1	5.8	-0.3	4.6	
2	n/a	n/a	n/a		2	6.3	2.9	7.4	

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Hawkair rejects union bid

HAWKAIR HAS told a federal labour board its pilots and flight attendants can't join a union which would then act as its bargaining agent because it is under bankruptcy protection.

The company filed its position with the Canadian Industrial Relations Board last week after employees said they wanted to join the Canadian Autoworkers Union.

Hawkair general manager Tom Beshr says the filing is based on a section of the October 2005 B.C. Supreme Court order granting it protection under the Companies Creditors Arrangement Act (CCAA).

The protection provided by that section says no "application or proceeding pursuant to the British Columbia Labour Code or other legislation of like or similar import, shall be proceeded with or commenced against" Hawkair.

Although the Canadian Industrial Relations Board is a federal agency because Hawkair is federally-regulated, it operates under a similar legislative framework to the provincial labour code, said Beshr.

"By virtue of that section, that's our position," he said of the company filing.

Beshr said there is plenty of precedent to back up Hawkair's filing based on past decisions affecting other companies, including Air Canada,

that were also under bankruptcy protection.

The Canadian Autoworkers Union (CAW) says it has enough signatures from the 22 pilots and flight attendants to certify as a bargaining unit.

And CAW organizer John Bowman doesn't believe Hawkair's argument to the Canadian Industrial Relations Board will work.

"We think that is wishful thinking on the part of the employer," Bowman said late last week.

"Just because you are under CCAA it does not mean there is any blanket barring of employees from joining a union. CCAA acts to protect a company from its creditors and we're not a creditor," said Bowman.

There's no indication yet from the federal board on how and when it will make a certification decision. It must first ensure that names sent to them are indeed employees of the company involved and must consider other information presented by a union and employer.

The CAW's Bowman isn't even convinced the labour board representatives that will make the decision to certify the employees or not will even need to hold a hearing.

However, it turns out Hawkair's Beshr is describing the pilot and flight attendant certification move as a wake-up call.

"I believe this is not about compensation," said

Beshr in saying the company's pilots and flight attendants are well paid given industry wage standards. "There is something else going on here and I have to get to the bottom of it."

Beshr, who was brought in last year to help straighten out the company's finances, says the vast majority of Hawkair's employees are happy.

But he acknowledged that working for a company under creditor protection can create uncertainty and doubt about employment.

Hawkair is treating the CAW certification drive seriously enough that it will ask the supreme court tomorrow for another extension of its bankruptcy protection.

The company had expected to file a proposal on how to deal with its one major remaining creditor and a plan for payments to unsecured creditors.

But it now has to put all of that on hold and focus on the CAW situation, said Beshr.

"We now have this opportunity to get together with the employees. Whether they unionize or not, we have to sort all of this out," he said.

That one major creditor is a Maritime company called IMP, which sold Hawkair two of its three Dash 8-100 aircraft. IMP has so far rejected Hawkair's position that the planes are worth less than the original sale price and that monthly payments should consequently be reduced.

News In Brief

Liberals eye northwest

THE PROVINCIAL Liberal northern caucus could very well hold a session in the northwest this spring, says its chair.

John Rustad, the MLA for Prince George-Omineca, says the six-member caucus has received an invitation from the District of Kitimat.

"In general, what we'd like to do is meet with various stakeholder groups," he said.

Those sessions aren't normally open to the public, the MLA added, as a way of ensuring a free exchange of ideas and opinions.

"Obviously what we'd like to do is get down to various issues important to the stakeholders," Rustad said.

The Liberal northern caucus consists of three MLAs and three cabinet ministers and is intended as a way of gathering northern issues together and presenting them for action in Victoria.

Having the caucus visit the northwest is regarded as important as both of the area's ridings, Skeena and North Coast, were re-captured by the NDP in the 2005 provincial election.

As it is, the caucus consisted of 10 members prior to the election. But the Liberal government lost four northern ridings in all last year — the two northwest ones and the two in the Cariboo.

Strike threat made

MEMBERS OF THE B.C. Government and Service Employees Union (BCGEU) who work for the provincial government want a new contract by this weekend or they could go out on strike.

Union members have voted 80 per cent in favour of a strike in pursuing a pay hike of 10 per cent over three years. They also want better protection from having jobs contracted out.

The province has so far offered six per cent over four years. But it is also dangling the potential for bonuses taken from a \$1 billion account set aside for all those who work for the province in one form or another.

That money must be spent by the end of March or it will go toward paying down the provincial debt. The union contract runs out at the same time.

The BCGEU represents 25,000 workers in the B.C. civil service.

Trades skills tested

LOCAL STUDENTS will be testing their skills in various projects next week as part of a Skills Canada competition at Northwest Community College.

It's an annual event, timed to take place during spring break, in which students are judged on carpentry, welding and other projects.

The competition takes place on March 17 at the college's trades building.

That's also the day the college's trades department hosts its second annual trades fair.

"Local industry representatives will be on-site and available to discuss job opportunities within their fields and trades in general," says Ken Downs of the college's trades department.

Tours of the trades shops will be offered at various times during the day of March 17.

Kids rescue dumped kitties

By DUSTIN QUEZADA

SARINA GERMUTH confesses she's not much of a cat person but you wouldn't believe the Kitimat woman based on her actions of two weekends ago.

Returning from a day of skiing at Shames Mountain Feb. 25 with her young daughter and son, Germuth pulled into a rest stop east of the mountain's highway turnoff.

"I saw a little black thing coming out of the woods," Germuth said. "I said, 'That looks like a cat.'"

It turned out to be a litter of six kittens that were reluctant to trust their saviours.

After trying for two hours in freezing temperatures, Germuth and daughter Kassiana, 9, and son Kosh, 7, were only able to coax two of the kittens into their care.

The trio stopped in Terrace to eat and to buy some food for the kittens.

"I didn't realize how long the cats were in [the bush] until we fed them," said Germuth, adding the famished felines attacked the bag of food.

Germuth asked employees in two businesses to phone the Terrace Animal Shelter. They found out that when the shelter is closed, callers are instructed to call the Terrace RCMP or Fire Department.

Germuth decided instead to go home and call the Kitimat Community Humane Society, which has a driver with an emergency number on 24 hours-a-day, seven days-a-week.

The determined mother and children returned the next day on their way to the mountain to attempt a rescue of the remaining three abandoned kittens.

"We shook some treats and they came right away," said Germuth.

Young Kosh was deter-



KOSH WHITEHEAD, 7, from Kitimat and sister Kassiana, 9, pose with Shamey, one of a batch of kittens rescued after they were dumped near the turnoff to Shames Mountain.

RYAN CALVERY PHOTO, THE NORTHERN SENTINEL

mined that he'd seen a kitten the previous evening that was unaccounted for so his mother turned back and they coaxed the lone kitty in with its siblings.

The family enjoyed another day of skiing before turning the cats in to the humane society later that after-

noon.

Nancy Coates, a worker at the Kitimat animal shelter, said last week the kittens were doing really well.

"They ate and ate and ate and then they drank and drank and drank," Coates said.

"They've mellowed out. 'Somebody's had them

— they're not wild," added Coates.

Coates says they've had to rescue cats abandoned between Kitimat and Terrace near Onion Lake quite often.

"It's not an everyday occurrence but it does happen," Coates said.

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This bear don't dance

THERE COULD be trouble brewing for the northwest sometime next year as part of the run up to the 2010 Winter Olympics in Vancouver/Whistler. It's not about the cost of the increasingly expensive games or how the northwest can get its share of the promised economic benefits.

Rather it concerns *Ursus americanus* Kermode, better known by northwesterners as the Kermode bear, a genetic offshoot of the more common black bear.

Relatively few people have ever seen a Kermode but it has been adopted by the northwest as the symbol for our area. It's used by the City of Terrace, in tourism marketing and B.C. Lieutenant-Governor Iona Campagnolo was so taken with the off-white bear she's included it in her official coat of arms.

But others also have their eyes on our Kermode. It's been virtually bear-napped and its name changed to Spirit Bear by the provincial government and environmentalists for their own purposes in setting aside a large tract of the central and northcoast as a conservancy area. The provincial government is so taken by the Kermode that it wants to make it B.C.'s official animal. And so it should.

Where the Olympic trouble spot comes in concerns the selection in 2007 of a games mascot. When Vancouver/Whistler was chosen as the location for the 2010 Winter Olympics this newspaper promoted the adoption of the Kermode as the symbol for the games. There was no better choice to establish the province and the northwest as a unique part of the world. As it turned out, others thought otherwise and the inukshuk, a decidedly un-British Columbia symbol was chosen instead.

Now there's a move afoot to make the Kermode the 2010 mascot. Done properly and with dignity, this could be a worthy tribute to our Kermode.

In announcing the plan to make the Kermode B.C.'s official animal, in her speech from the throne Feb. 14 Lieutenant-Governor Iona Campagnolo said "it is a powerful presence and a thing of wonder that lives in a magical land of beauty, grace, and unbridled potential."

Given the provincial government's intent in this regard, the mascot campaign must take those words to heart. And the 2010 Winter Games officials must include northwesterners in any consideration as to their plans.

Done wrongly, the Kermode as a mascot stands to be treated as one of those strange creatures which jiggle and bounce as they prowl the sidelines and bleachers at sporting events.

That cannot happen. Simply put, this bear don't dance.

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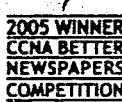
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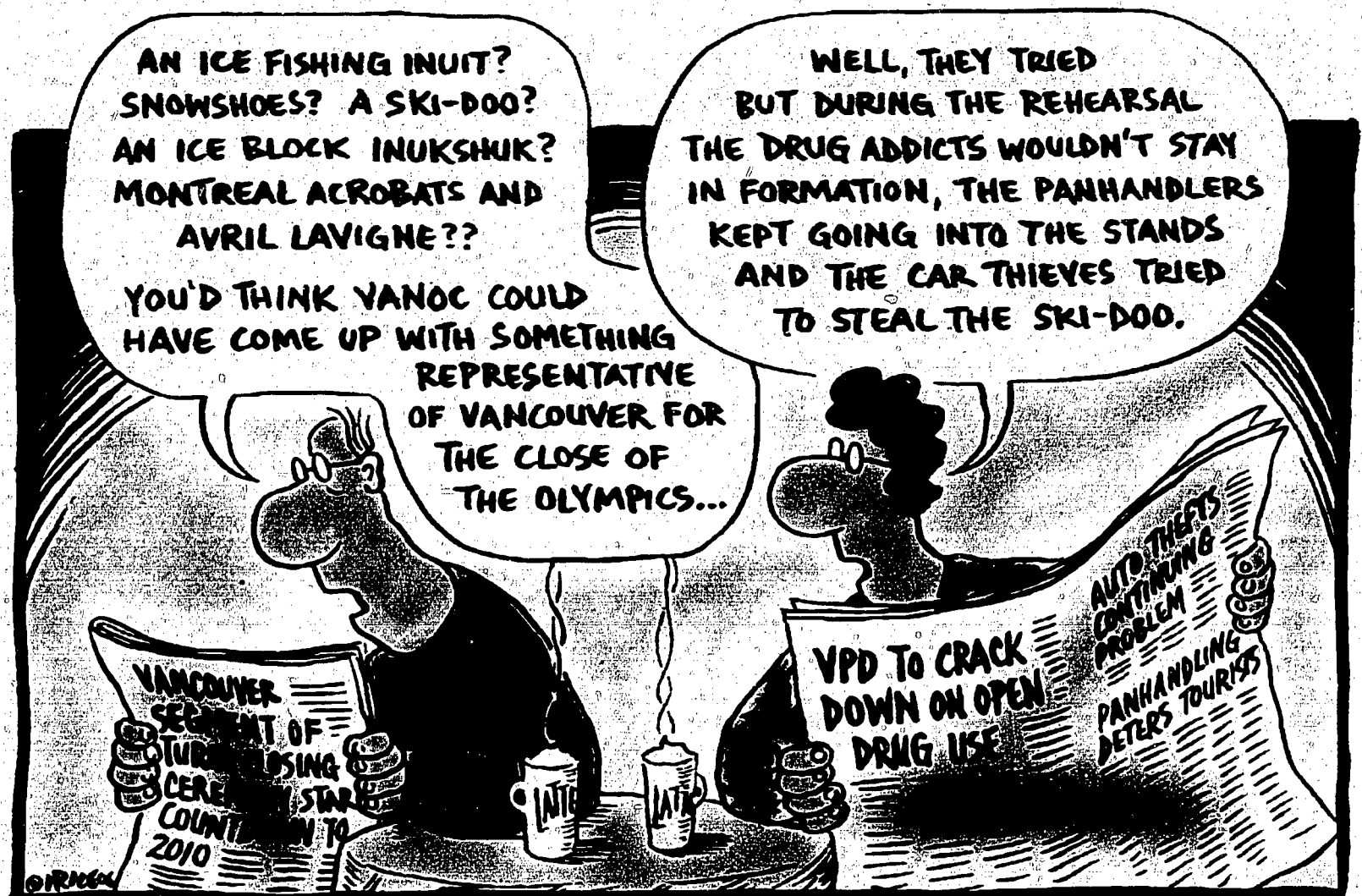
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Bringing up boys is complicated

BOYS POSSESS a greater propensity for rebelling against, and engaging in conflict with authority than girls who are more likely to try to avoid conflict and work to preserve harmony.

For many boys, rejection of female authority in particular might be due to a developmental need although they are often very unskilled about how to accomplish this goal. The following story describes how aggression can unfold in a typical home.

Dad has just woken up five-year-old Sam, and has asked Sam to dress for school. Five minutes later Dad discovers Sam playing with his Lego. In a stern voice Dad tells him it's time to get dressed.

Ten minutes later Dad finds Sam in the kitchen in his pajamas looking for breakfast. Dad erupts! This might become the second time this week that he is late for work because of Sam.

He marches Sam back to his room and orders him to get dressed. Dad stands at the door repeatedly barking at him to hurry up. Sam ever so slowly dresses and makes mistakes.

Dad is furious and threatens to take away his favourite toy. Sam cries and gets dressed immediately.

While Dad may have won this particular battle, Sam is winning the war. Sam has discovered a special way to get power when he refuses to obey Dad's orders.

Dad's repetition of his orders and demands makes Sam's refusal to cooperate useful for showing Dad who's in charge.

Sam doesn't like being or-



GUEST COMMENT
BARRY MacDONALD

dered and reminded about what to do, so deciding what he will do in his own time makes Sam feel a cut above Dad.

Until Dad is ready to step outside of the power struggle and teach Sam to be cooperative, he'd better not expect to get to work any earlier. When we understand how we inadvertently feed undesirable behaviours, we can reassess our approach to discipline.

At puberty, misguided bossiness, or lawyer's syndrome — where boys convincingly argue to prove who's boss — only become more challenging.

Increased testosterone levels can propel a boy with misguided power to become overly aggressive and potentially violent unless taught more socially harmonious ways of living.

Youth violence, explains Garbarino in, *Lost Boys: Why Our Sons Turn Violent and How We Can Save Them*, "is often a boy's attempt to achieve justice as he perceives it." The

warning signs, he says, are a lack of connection, masking of emotions, withdrawal, silence, rage, trouble with friends, hyper-vigilance, and cruelty toward other children and even animals.

However, we should be careful not to label all aggression as anti-social and recall that often among men aggression can be highly valued and prized behaviour as expressed in the following comment, "He's really aggressive with that account and getting great results!"

Aggression is also part of curiosity, exploring the world and trying new things — in short, asserting oneself in potentially positive ways.

For many boys, the challenge is learning how to express themselves in acceptable ways that don't infringe on the rights of others. For parents and teachers, it's learning how to co-opt the aggression for constructive purposes.

Some boys may know that they are transgressing, and that they will get caught eventually, but they want to appear as if they are in control.

When heels are dug in, adults need to pull back to avoid escalating the situation. We risk provoking a new confrontation by insisting that children do things our way — one that is often more unpleasant than the original. Is it worth it? Insisting on doing things his own way can be the boy's method of showing he is the boss of himself, which can be productive for him on one level.

When we get ensnared in counterproductive arguments and power struggles, we have

to ask ourselves what the boy is really learning. Eye rolling, muttering, and smiling at inopportune moments are meant to provoke us and also to save face. Don't get hooked.

Adults must look also beyond boys' unconstructive behaviour to teach a vocabulary for emotions. For many boys, and men, anger is one acceptable emotion — the funnel through which all feelings are channeled.

Once a boy gets comfortable using words for what he is experiencing; hurt, anxiety, frustration, disappointment, and shame, for example; he can begin to deal with it, and help himself. Say something like, "Sounds like you may be frustrated," when boys bark, "This assignment is stupid!"

When he hits another person, rather than automatically assume the worst, help him to find words, "Hitting is not okay so I suspect that something must be really upsetting you to react in this way. What's going on?"

As you try to guide boys toward more socially positive choices, remember to let them save face and maintain their integrity.

The preceding is from Boy Smarts — Mentoring Boys for Success at School, by author and parenting/teaching expert Barry MacDonald of Vancouver.

The book offers 100 guidelines for parents and teachers to help boys be successful at school and life.

MacDonald was recently in Terrace meeting with parents and teachers.

Girls and hitchhiking don't mix

THE NICKNAME "Highway of Tears" implies we're helpless. We can't do anything to prevent losing young women along this 450 miles of Yellowhead. Fate rules.

Nonsense. Even if a serial killer is responsible, fate didn't have a hand in this. Their disappearances aren't accidental. They chose the actions that placed them in harm's way. By choosing the risky behaviour, they set themselves up for the consequences.

What we must try to do is figure out why they chose to hitchhike, why they discounted the risk until hitchhiking seemed an acceptable choice.

Police consistently warn against hitchhiking. Nonetheless every weekend people thumb at Thornhill highway intersections.

Whether these missing women were run over, dragged off by a predator, or kidnapped and transported elsewhere before being murdered, we may never learn. We need to figure out why young women persist in hitchhiking any highway, and especially Highway 16, given its recent history.

Until we unravel their mo-



THROUGH BIFOCALS
CLAUDETTE SANDECKI

tives, we must teach youngsters (a) never to hitchhike or walk highways alone (b) never to get in a car with a stranger (c) always to file with a trusted friend or relative a "travel plan" with an ETA (expected time of arrival) and (d) to value themselves, to know they are worthy of love, respect, and caring, and too important to their families to willingly expose themselves to harm.

After drilling into their heads that hitchhiking can be a dead end trip, if a hitchhiker (or anyone) fails to arrive where and when they should, their

absence should immediately be reported to police, even news media. The sooner police and the community can begin checking, the more likely they are to be rescued. Even a first-hand witness to a highway abduction would be hard pressed to remember a car make or color weeks later.

I don't know more about these missing women and their families than what I've learned from media reports. But after watching Oprah interview two young women Feb. 24 I wonder if any of the missing women might have been driven by internal turmoil similar to that confessed by Oprah's two guests.

Both admitted to having low self-esteem, to feeling unloved and unlovable. One had been sexually molested by a close relative when she was a child. The second had been teased mercilessly by school peers because of her stringbean height.

Both have had unprotected sex with multiple, spur-of-the-moment sex partners though neither enjoys sex. They feel no emotional attachment to any man they might be with; both seek sex from almost any male

available.

Psychologist Dr. Robin Smith analyzed these two women's promiscuity as an endless search for love and acceptance to lessen the pain they feel from being molested or teased, or from being abandoned by their father. Either their father was physically absent from their home, or emotionally distant.

Dr. Phil maintains a father needs to tell his daughter that she is okay as she is, lovable, and deserving of respect. If Dad doesn't confirm she is a worthy individual, she will fall prey to the first male who sweet talks her.

Studies report one in four females will be sexually abused or molested. The incidence of physical abuse, too, is unacceptably common.

Terrace has girls as young as 12 and 13 providing sexual favours in exchange for a warm place to sleep because their "home" can sometimes be a scary or unhealthy place with verbally, physically or sexually abusive parents, or environments where weeknight parties are the norm.

Will they hitchhike some day to escape a painful past?

Suicide summit

An upcoming workshop strives to bring suicide awareness out of the shadows

A special report by Sarah A. Zimmerman

WHEN SUICIDE happens in any tight knit community it not only affects that person's family but countless others.

In small aboriginal villages where familial relationships go beyond blood lines the loss can rock an entire community.

"It's because we know each other so well," says Joanne McKay, health projects coordinator for the Kitselas band near Terrace.

"Because we are all interrelated, even if they may not be immediate family, they are family and they are seen as family."

Last year the suicides of two First Nations teens in Terrace prompted several phone calls to Marianne Weston, program coordinator for the Kermodie Friendship Society, from people who did not know how to cope with the deaths.

The deaths also underscored the importance of increasing awareness around depression and suicide – issues that had been identified by the society in a feasibility study as critical health issues on which to focus.

Weston joined forces with McKay and local suicide support group coordinator Joset Graham to host a suicide awareness workshop for health care workers and other professionals who work with people at risk.

At its core the workshop, slated for March 15-17, focusses on a training component that will give 40 professionals from across the northwest tools they need to work on suicide awareness and prevention in their own communities. Originally the workshop had just 25 spaces available but due to the overwhelming demand for the training it will provide, organizers opened up another 15 spots, says Weston.

The workshop is being headed up by an organization called Suicide Attempt Follow-up, Education and Research (SAFER).

McKay says the training will be valuable

for the people participating from the Kitselas band.

"One of the concerns that we come across when we are dealing with community members both on and off reserve is they have a concern because they realize that not only through the media, but also through personal experience, that suicide is prevalent in this area," McKay says.

"A lot of concerned people have indicated that they have minimal understanding of suicide and the effects of suicide and how to prevent that or even to recognize the signs."

According to a federal report prepared in 2001 called "Acting on what we know: Preventing suicide among First Nations Youth," suicide rates among aboriginal people are two to three times higher than the rest of the population.

Among aboriginal youth the rate is five to six times higher than non-aboriginal youth.

Joelle McKiernan is a grief counsellor with a master's degree in social work. She works with aboriginal and non-aboriginal people struggling with grief and also those who may be contemplating suicide themselves.

She says the training at the forum next week is critical as it will give front line workers the tools they need to recognize the signs of suicide and how to intercede, especially in light of the high rate of suicide among aboriginal youth.

McKiernan's message is simple – don't be afraid to talk about suicide.

"There's a myth out there that if you talk to someone about suicide that that means they'll do it," she says. "If you are concerned that someone is going down that path and having thoughts of harming themselves, disregarding it or being fearful about talking about it is saying to the person that you don't care."

Where to go when you need help

Telephone resources:

The Crisis Prevention-Intervention and Information Centre for Northern B.C.

1-888-562-1214

- provides 24-hour access to emotional support for any type of crisis

1-888-564-8336 (TEEN)

- youth support line open from 4 p.m.-11 p.m. every day for teens dealing with any type of issue

1-800-SUICIDE

- for people with suicidal feelings or for people who know someone who is feeling suicidal

On-line resources:

www.crisiscentre.bc.ca

- gives province-wide contact numbers for crisis lines, information on suicide prevention and other helpful information.

www.youthinbc.com

- a site geared specifically to teens and young adults featuring oodles of information on everything from suicide, to health issues, sexual health issues, coping mechanisms for bullying and other useful and relevant information for young people.

In Terrace:

Mourning's Dawn grief counselling: 635-6707

- offers fee for service counselling and free services for people who have a status card and who are contemplating suicide.

Adult Mental Health: 635-2202



JOSET GRAHAM visits the bench at George Little Park dedicated to her son Marshal's memory. He committed suicide in 1997. Since then Graham founded a support group and works to erase the fear of talking about suicide. SARAH A. ZIMMERMAN PHOTO

Talking about grief helps heal

BY SARAH A. ZIMMERMAN

WHEN MARSHAL Graham committed suicide Jan. 6, 1997, his death forever changed the fabric of his family and left many questions unanswered.

Marshal had struggled for some time with depression and mental illness and in the months before taking his life had been diagnosed with schizophrenia.

On that snowy, cold Monday morning, Marshal, a talented musician, was supposed to return for the second semester session at Northwest Community College – but he never made it.

He hanged himself in his family's garage, leaving no note or explanation.

He was just 20 years old.

Marshal left behind his parents, his younger sister Kirsten and many friends.

Kirsten Graham was 17 years old when Marshal died and though she had feelings of anger and anguish after his death, she's found over the past nine years that talking about his death has proven to be both cathartic and healing.

While she was reticent to discuss anything immediately after he died, as the years went on and as she met new people in Victoria, where she now lives, Kirsten learned the power of talking about her experience.

"I didn't really like the idea of talking to a counsellor but then as I worked as an aesthetician and I would tell that story over and over and over again to people I got strength out of that," she says, adding many people commented on how strong she was for having been through that type of grief.

"Just hearing that I was brave and I could do it and hearing people say, 'Wow, you've dealt with all that' – you can't hear that from people unless you're telling people about it."

Her mom, Joset, agrees that people left behind after a suicide need to connect with others to help work through their grief and emotions.

Well-spoken and determined to help others

grieving the loss of a loved one to suicide, Graham speaks openly about her own experience.

She understands the stigma that surrounds suicide and is convinced that talking about one's grief can be therapeutic.

That's why she started a suicide support group that meets once a month.

Sometimes there are many people who attend and other times almost nobody comes.

Graham hopes the upcoming suicide awareness and prevention workshop March 15-17 will encourage other people to join the group.

The support group is designed to create a safe space for people to openly discuss their feelings.

"Everybody isolates themselves after a suicide because you're so raw and in so much pain," she says, adding opening up can help heal.

While some people feel angry, others feel guilty they couldn't stop the person from taking his or her own life.

"If I took time, I could probably bring up all the things I did wrong," Joset says.

In a situation like the Grahams, where Marshal left no note explaining why he killed himself, the question of why remains unanswered.

While it can never be answered, the Grahams understand Marshal's struggle with mental illness played a large part in his death.

Kirsten didn't like watching her brother struggle with his diagnosis and the frustration stemming from the medication he had been given to help him with his episodes.

"They had started to give him different meds," she recalls. "And of course, back then that kind of medicine is not what it is now."

She suspects the medication made him feel so unlike himself that he lost the vision of his own potential and what his future could hold.

"I think he felt like not the same person and at the same time that made me understand why he could kill himself," Kirsten says. "If you were one person one day and after a series of traumatic

events you come out the other side not yourself... I guess he could never be the same."

Marshal's death has also taught Joset the importance of people having the right tools to deal with depression and mental illness.

"It wasn't the schizophrenia that killed him; it was the depression," says Joset.

In the nine years since Marshal's death, both Joset and Kirsten say they've come to accept his death and both have their own ways of acknowledging his life.

Each Jan. 6, on the anniversary of his death, Joset leaves a bouquet of flowers on the park bench in George Little Park she had placed there in memory of her son.

The wooden bench with heavy wrought iron arms – located on the northwest corner of the park – features a small bronze plaque with Marshal's name inscribed on it. Having it placed in the park was significant because it was the first venue where Marshal's band, Gypsy Moth, played a public performance, says Graham.

And on the sixth day of every month she lights a candle to remember Marshal.

"By lighting the candles, it means he existed," she explains.

She says it's easy to feel badly when life starts to get back into a routine after a loved one is gone. "You get angry for the day moving on with no recognition of his existence. So, to light a candle is a recognition of his existence."

As for Kirsten, she's beginning to take singing lessons as a way to honour the creative spirit of her brother. She also hopes to collaborate on a short film project with her boyfriend – it'll explore Marshal's life and the events leading up to his death.

A public forum on suicide awareness and prevention happens March 15 from 7-9 p.m. at the Best Western Inn. Anyone is welcome. For details call Joset at 638-1347.

CORRESPONDENCE FOR THE TERRACE STANDARD

The Mail Bag

An inspiration to all

Dear Sir:

I first met Mrs. Douglas when I was six years old; she was an avid supporter of the Pacific Northwest Music Festival and in later years would come to realize how generous she was to the entire community of Terrace.

I can still remember our first encounter. She wore a beautiful navy suit, high heels, her hair was elegantly styled and she had the most wonderfully painted finger nails. It's funny what you remember when your only six, but in later years is one of things I greatly admired. She was one class act!

Every year Mrs. Douglas came to support all the participants at the music festival. I remember her asking me questions about how long I had been playing the violin and who my teacher was. She told me to make sure I thanked my teacher and my parents for giving me the opportunity to learn the gift of music.

At the REM Lee theatre she had her very own seat and I remember thinking how important she was. She was at every recital, concert, supporting the arts in every degree. I would look into the audience and she would always be there, listening intently and giving that supportive nod.

As I grew older, I heard her speak in public on many occasions. One in particular was very moving. She had not been well, but was determined to be part of the official Terrace Riverboat Days ceremonies. As the fireman brought her on stage she made some funny remark about arriving in style. She spoke fluently, gracefully and with ease. She always sounded like she had rehearsed her speeches for days, but I knew she hadn't.

Later I told her I had enjoyed her speech. She said "Oh, good, I always like to hear feed back." I smiled and thought how lucky the community of Terrace was to have such a remarkable woman that shared her wisdom, beliefs and most of all her unconditional love.

While Vesta was at Mills Memorial and Terraceview Lodge and unable to go to the music festival, I would visit and play my violin for her. Sometimes I would bring the Terrace mini-strings with me or my cousins. She was always happy to see us and especially enjoyed the fact I had some of my own violin students.

Even as her health was failing she always had some wise words of wisdom to share. "If you work hard you will achieve success. You must be kind and treat everyone with respect." Vesta was also very funny and never lost her sense of humour. One particular time while I playing for her at the hospital she told me to go and play for a few other patients as they needed more help than her. It was the beginning of September and her 93 birthday was soon approaching. As I was leaving her hospital room she remarked, "Jamie you make sure you come up and play for my birthday. I'm not going anywhere!"

The next time I saw her she had a yellow squish ball that she was doing exercising with to strengthen her hand muscles. We looked at some pictures that were on her wall and she talked about her dear husband. I played her a few Scottish tunes and always ended with "Love is like a red, red, rose."

I was not able to attend Vesta's memorial tribute as I am away at university. I know Vesta would understand as she already knows what I would play for her.

Forever in my heart,

Jamie Elizabeth Norton, University of Victoria, Victoria, B.C.

A Vesta memory

Dear Sir:

Vesta was my principal at Uplands School for Grades 4, 5 and 6 in the late 1950s. Lots of good memories. It was a small school then and was officially opened by Mr. Peterson, then the Minister of Education. She explained to me that I wouldn't be able to sing in the choir at the official opening as my voice was too low. I got to stand next to her instead which was fine with me.

Brigitta van Heek
Teacher, Hazelton Secondary
Hazelton, B.C.

Sisters say thank you

To the many friends, neighbours, colleagues, former students and care-givers of Vesta Douglas:

We appreciate the love and kindness shown to her. We wish to extend our sincere thank you to all who made her life so meaningful.

Vesta's sisters,
Lorene Magnus
Vivian McLeod

We'll be back

Dear Sir:

The national election results have made it very clear that Canadians are going to keep all the political parties on a short leash until one party can prove that it serves the public interest and is not merely working for partisan political advantage. The collective electorate is amazingly shrewd and the results should speak volumes to all those who are tempted to abuse the public trust.

I commend Nathan Cullen on his success in winning reelection. I will be watching closely to monitor whether he does indeed get "results for working people" and to see if he provides the kind of balanced representation we so badly need here. After all, there can be no jobs for "working people" without providing support to industry and employers. And, it will be very interesting to observe how effectively the NDP will function within a Conservative led minority parliament.

I also stand both the NDP and Conservatives on notice that the votes that were "borrowed" in this past election are on short term loan. They should consider it a loan to be repaid with interest when the Liberal Party has reestablished trust and credibility with the voters – a trust that we know must be earned.

With the coming leadership race and a "time out" in opposition, I am optimistic that a refocused and revitalized Liberal Party will emerge and provide an attractive option in this riding and throughout Canada. I look forward to playing an active role in that process.

Gordon Stamp-Vincent,
Liberal candidate, Skeena-Bulkley Valley,
Prince Rupert, B.C.

About the Mail Bag

The Terrace Standard welcomes letters. Our address is 3210 Clinton St., Terrace, B.C. V8G 5R2. You can fax us at 250-638-8432 or e-mail us at newsroom@terracestandard.com. No attachments, please. Name, address and phone number required for verification.

Dear PNG: Shame on you

Dear Sir:

I would like to offer a great big heartfelt thank you to MLA Robin Austin for listening to our complaints on the gas price increase and doing what he can to have our voices heard by the B.C. Utilities Commission.

As stated by Mr. Austin, the economy in our region has been greatly suffering for the last few years with our friends and family losing their homes and possessions because of the poor economy.

Any savings put away for a rainy day are all used up by now just to keep our children and elderly safe and warm, with nourishing food to eat.

I am under the belief that few of the residents in the northwest can afford another increase to our already stressed budgets.

Just like Ms. Booth, a previous letter writer, I have

CORRESPONDENCE FOR THE TERRACE STANDARD

The Mail Bag

been doing what I can not to use the natural gas. I would rather pay the additional cost of keeping heat in my home to BC Hydro by using portable electric heaters and using extra blankets as their cost is much more reasonable.

Even though my household has taken steps to keep the natural gas turned low we are still faced with a gas bill of over \$400 for two months.

And we haven't even had a cold winter which I am extremely thankful for. Otherwise I believe my gas bill would be at the \$800 mark or over.

To add insult to injury

Pacific Northern Gas appears to have forgotten the little guy/gal who are out there working their butts off to meet monthly obligations while PNG is crying that it will lose \$10.4 million per year in revenues.

Bloody hell. What about the small businesses that are trying so very hard to keep their doors open, the elderly in our area trying to make a go on fixed incomes, single parent families trying to keep their children safe, warm and fed.

PNG appears to have forgotten all of the little guys/gals who have hooked up to their system is not rolling

in money like big corporate companies.

PNG is not acknowledging that they will get their money each month from the small business owners, elderly and single parent families who are struggling.

PNG official Greg Weeres indicated in this article that PNG is taking the termination payment and "returning it to our customers."

Great, I would love to receive a check from your company or better yet how about a noticeable credit to my account?

By the way, Mr. Weeres, as a customer of your company, how am I benefitting from this? An increase of 11-22 per cent to my account is not what I see as a benefit to me.

Shame on PNG and it share holders for letting your greed get the better of you.

If I was any of your mothers, I would be ashamed of

It's more complicated than that

Dear Sir:

I would like to take this opportunity to address comments made in a February 1, 2006 article in your newspaper. The article contains some inaccuracies that require correction.

While I appreciate Skeena MLA Robin Austin's enthusiasm and interest in the BC Ambulance Service (BCAS), his comment that these changes are a result of "asking a question in the legislature" simplifies the decision making process and does a disservice to the BCAS regional and headquarters staff.

Ambulance station des-

ignations are determined by a number of factors, such as proximity to other resources, call volumes, and geographic location. The BCAS routinely reviews station designations and meets on a regular basis with municipal officials and other stakeholders to seek input on these and other operational matters. The recent decisions to change the station designations were based on the fact that a clear business case exists to support the change.

Recruiting health care professionals has always been a challenge in rural and remote communities in British Columbia and across

Canada. Our government took action in February of 2005 with the introduction of the stand-by shift at rural stations to reduce that gap significantly.

I would like to point out that since the implementation of the standby shift, there has been a 13 per cent improvement in response times on average in rural communities across B.C. - meaning patients are receiving high quality care more quickly.

Again, I appreciate MLA Robin Austin's interest in the BCAS but encourage him to check his facts before taking credit for the change



George Abbott

of classification in Terrace.

George Abbott,
Minister of Health,
Victoria, B.C.

This is about trust

Dear Sir:

The Skeena-Bulkley Valley riding re-elected M.P. Nathan Cullen who says, the Conservative party - and its previous Reform/Alliance incarnations - haven't got a very good record in terms of First Nations policy.

In my view Mr. Cullen, who is still a member of the fourth party in the House of Commons, should take a look at issues concerning aboriginals carefully before making remarks so lightly.

I do not see the Conservatives as struggling with a bit of history concerning aboriginal people.

I have noticed Nathan Cullen agreeing with Conservative Party candidate Mike Scott on a few Conservative party policies, and now sees the change in government as an opportunity.

It's an opportunity for the NDP to make deals in the House. This is the name of the game when you are in opposition.

B.C. voters chose to vote in opposition MPs. Voting in someone who would be in government would do the riding better.

I'd like to hear Nathan Cullen's ideas on how to solve land claims issues and treaty negotiations now in place, and with a positive attitude.

Some of us did give the Liberal MLAs of B.C. time lines on treaty negotiations and land claims. These fell on deaf ears because the Indian industry is too huge.

This is why the negotiators drag the process out for decades.

What is the debt load on treaty negotiations so far?

There were many Reform/Alliance MPs who represented the peoples' concerns across Canada on aboriginal issues. Especially the accountability and transparency issue.

I ask Mr. Cullen, what "right wing ideologue" will spell trouble on the treaty front and hurt the northwest.

The Conservative government is based on honest, integrity and truth, and the trust is there.

Mary Dalen,
Cedarvale, B.C.



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Nisga'a leader receives award

THE NISGA'A Lisims Government's secretary-treasurer has been given a national award.

Edmond Wright was presented with the 2006 Aboriginal Financial Officers Association leadership award at a recent conference in Winnipeg.

Wright has been the secretary treasurer of the Lisims government since its creation as part of the Nisga'a land claims treaty in 2000 and is now in his second, four-year term.

Wright was also a key negotiator in the years leading up to the treaty and is regarded as the person responsible for the financial aspects of the document between the Nisga'a and the federal and provincial governments.

"The national award recognizes the great contribution by Mr. Wright in enhancing aboriginal finance and management in this country, his vision and innovation and his leadership in the financial management profession," states a Lisims government press release.

"It is an award that is long overdue and appropriate in that it acknowledges Edmond's many decades of commitment and hard work in the betterment of the Nisga'a people and Canadian aboriginal people in this great country of ours," added Lisims government president Nelson Leeson.

The Nisga'a treaty calls for annual cash payments over 15 years to the Lisims government and for a phasing in of sales and income taxes for Nisga'a who live in the Nass Valley.

Formed in 1999, the Aboriginal Financial Officers Association's intent is to develop standards of practice and support for aboriginal government agencies.



NISGA'A LISIMS government secretary-treasurer Edmond Wright, right, receives the 2006 Aboriginal Financial Officers Association's Xerox Award from Tom Maracle, a national manager of Xerox Canada Ltd.

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Woman to walk here for Hwy16 victims

A GRANDMOTHER who lost a family member will walk from Prince Rupert to Terrace to raise awareness about the women who have gone missing along the 724-kilometre stretch of Hwy 16 from Prince Rupert to Prince George.

Florence Naziel, 56, who is from the We'suweten Nation and lives in Moricetown, has a cousin whose daughter went missing on Hwy16.

Naziel plans to start her walk from the Prince Rupert civic centre parking lot at 9 a.m. March 11 and arrive in Terrace March 17, averaging about 20 to 30 kilometres each day. She invites the public to walk with her.

"As an aboriginal person, my heart goes out to all the missing women of all nationalities throughout B.C. and across Canada," she says.

"I challenge any aboriginal and non-aboriginal to continue to walk with me as we 'tag-off' with teams walking from Terrace to Prince George in May."

Arlene Roberts of Terrace, who has been part of the search team combing the area for missing Terrace woman Tamara Chipman, said many people have questioned why anyone would want to hitchhike or walk along Hwy16.

"In the past, getting rides and helping each other out in small town, village and rural areas was a given. Now that has all changed," she said in an email announcing Naziel's walk plans.

Chipman, 22, was last seen outside Prince Rupert's industrial park while hitchhiking back to Terrace last September.

Critics are calling on the government to do something before any more women go missing.

"All citizens are very concerned about what is happening along Hwy16," said Jagrup Brar, NDP public safety critic and MLA from Surrey-Panorama Ridge.

North Coast MLA Gary Coons said one thing the province needs to do immediately is restore funding to women's centres.

"They said essential services would continue to be provided and what they've provided is a telephone number and a website," Coons said.

The latest case involves the discovery of 14-year-old Aielah Sarici-Auger, whose body was found 15km outside Prince George in February less than a month after she went missing.

To support, volunteer or donate water, food, lodging, gas money or encouraging words to Florence Naziel's walk, call 1-250-847-3751 or e-mail go2kalum@telus.net.

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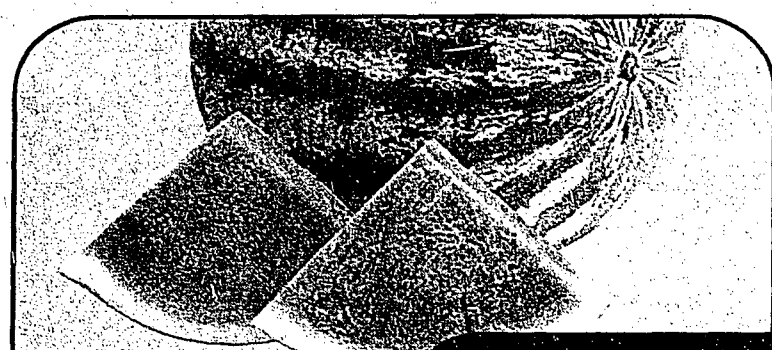
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SAFEWAY 

MLA calls for more medical travel bucks

THE PROVINCIAL government needs to put more money into northern medical travel assistance if it is serious about equal access to health care, says Skeena NDP MLA Robin Austin.

He said the \$4 million provided to the Northern Health Authority for travel assistance may help when it comes to ground transportation but isn't sufficient when it comes to subsidizing air travel.

"And since the majority of medical care not available here is north-south to Vancouver, more so than going to Prince George, more money is crucial," said the MLA.

The Northern Health Authority is pondering some form of air travel assistance but admits it can't do much because of budget restrictions and in no way can offer any subsidy close to what airfares cost.

Austin also said governments shouldn't expect airlines to lower their rates to come closer to what may be available to subsidize medical travel tickets.

"Airlines need to make a profit. But here we are asking for a private company to assist the government to access a public service, which in this case is a hospital," he said.

"The issue really is the government providing equal access to health care for people in rural areas as it does for people who live on the lower mainland," Austin continued.

"It comes down to is the government willing to pay more money," he said.

The MLA did acknowledge an extension to Hawkair's medical airfare rate program announced last week, saying it will help those who need to return home after being flown to Vancouver via air ambulance for treatment.

Austin's comments follow a Feb. 27 statement he made in the legislature highlight medical travel problems and other situations facing rural residents.

"Rural B.C. is not looking for quality of dollars on a population basis, but on an equality of outcomes and recognition that the increased costs of delivering social services in a rural setting should be paid for by the revenue from resources that are sent to the provincial treasury," he said.

Austin said northeastern residents should realize that the provincial government's plan to provide up to \$1 billion to civil servants for settling contracts early was financed by gas revenues taken from their region.

"Essentially, the resources of the Peace have paid in whole for the Liberal government's ability to offering a signing bonus to B.C.'s entire public service sector," said Austin.

"It must be small comfort to those who live there and struggle to access health care when they know how much they contribute to the B.C. economy," he added in the statement.

Airline extends airfare plan for medical travel

A NORTHERN Health Authority official has welcomed a move by Hawkair to offer a break to people who need to return home after being flown down to Vancouver in air ambulances for treatment.

"We're happy they're doing it. It will certainly provide a benefit," said Mark Karjaluo last week of a one-way medical fare announced by the regional airline.

"Clearly there are people who can take advantage of this."

Hawkair was responding to the challenge faced by the health authority to find a way to subsidize the return home by those flown south and who then need an economical way to return home.

It has \$4 million for transportation assistance but must stretch that to finance an already-announced short and long haul bus service, to subsidize accommodation for people while away from home and for an information call centre as well as ease the cost of air travel.

"We see that there is substantial demand for economical north-bound travel for people returning from Vancouver after emergency ambulatory care," said Hawkair general manager Tom Beshr of its announcement.

Skeena NDP MLA Robin Austin also welcomed the move, saying it was a good move by a locally-owned company.

"It's commendable that a private company is willing to respond in such a fashion," he said. "I can only hope that other airlines, Air Canada, would also respond."

The health authority estimates as many as 1,700 northerners a year are flown south for treatment.

The \$209 one-way fare, not including taxes and fees, permits last-minute bookings and changes to travel

dates without having to pay a change fee.

Beshr said the rate is essentially a variation of its long-standing two-way

medical travel fare.

Hawkair runs flights from Terrace, Fort St. John, Dawson Creek and Prince Rupert to Vancouver.

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THE MAN who claimed that two men robbed him and stabbed him in the chest near the George Little Park area around 7:30 p.m. Feb. 28 was making a false accusation, say Terrace RCMP.

Staff Sgt. Eric Stubbs said the police investigation discovered the man's allegations to be false.

He said the investigation found that no violence or robbery had taken place as originally claimed.

It was just a situation where, for personal reasons, the man felt he had to make the allegation, said Stubbs.

Making a false allegation could lead to a charge of public mischief.

But police have decided not to press charges against the man, Stubbs said.

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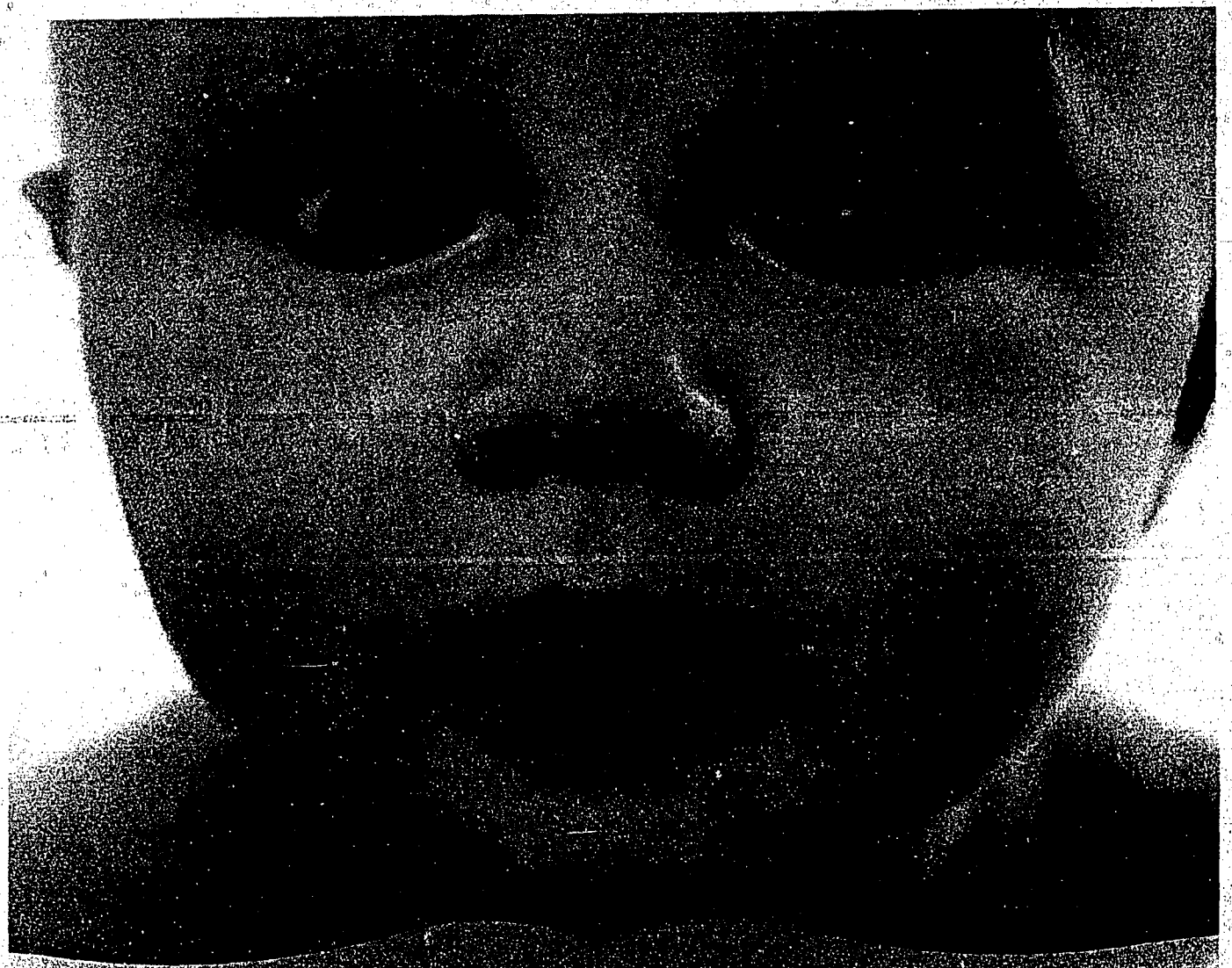
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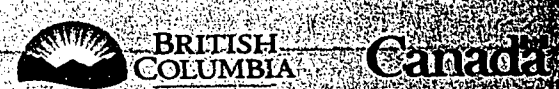
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Class sizes here below average

By DUSTIN QUEZADA

A GOVERNMENT report on class sizes shows the Coast Mountains school district is below the provincial and legislated average limits but the head of the local teachers' union says the statistics don't tell the full story.

Veralynn Munson said while the local school district has made manageable class sizes a priority in the last few years, the government's elimination of firm class size limits skews the numbers.

"In 2001, [teachers] were stripped of class composition and class size limits in favour of district averages," Munson said.

What that means is the provincial government legislated a change that didn't require firm limits for grades 4 to 12, instead boards only needed to maintain a district-wide average of 30 for those classes. Additionally, the province increased caps for primary grades from 20 to 22 and from 22 to 24 for grades 1 to 3.

Munson said teachers would like to see an upper limit returned in the next collective agreement.

"There used to be a limit of 30 (students in a class), Munson said. "The average doesn't tell the story on the ground."

The district averages here are: 16.8 in kindergarten; 20.1 in grades 1 to 3, 24.1 in grades 4 to 7; and 24.2 in grades 8 to 12.

"This report confirms that the vast majority of our classes are of a reasonable size and that many of them are small," said education minister Shirley Bond when the statistics were released.

"In fact, almost 15,000 classes - or more than one out of every five - have 20 or fewer students."

Munson said smaller communities tend to balance the numbers, leaving bigger communities within districts with overcrowded classes.

While the local district is in compliance with district-wide averages, 12 per cent of the 205 classes offered in Terrace and Thornhill's three secondary schools have more than 30 students enrolled.

An English 8 course at Skeena Junior Secondary tops the list at 37 students.

School trustee and board chair Lorrie Gowen says the numbers could be worse if it weren't for money the district received from the gov-

ernment - money it saved during the teachers' October 2005 strike.

"The reason the numbers are down is because we hired extra teachers for some schools," Gowen said.

The district's share of the strike savings was \$205,965 and it was split almost 50/50 between elementary and high schools.

At the elementary level, class composition was deemed the most critical area and \$107,500 was spent on additional special staff assistants for 34 district classes with four or more

identified special education students.

Secondary schools were the beneficiaries of \$96,600 that went toward offering nine additional course offerings.

Gowen disagrees with Munson's position on fixed class limits, saying a district average is more manageable here.

"[The capped number formula] was very difficult with the district and the catchment areas," said Gowen.

With class size limits, Gowen said the district had to split classes or bus kids to

schools outside their catchment areas.

"We really need to have flexibility," Gowen added.

But Gowen and Munson agree the bigger problem in the district is class composition.

"We seriously need to talk about composition," Gowen said, adding the government has to take the cap off special needs spending. Expenses exceeding the \$4-million cap have to come from the basic grant the district receives, said Gowen.

The class size report found that provincially, dis-

tricts were under the legislated limits on average but 15 districts were not in compliance.

The statistics were verified by individual districts and were based on enrolment numbers on Sept. 30, 2005.

The B.C. Teachers' Federation continues to push for class size and composition limits in advance of a new collective bargaining agreement.

The current government-imposed contract expires June 30, 2006.

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As a parent, here's how you can help your pharmacist:

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- Never leave the pharmacy with questions about your child's medicine
- Know your child's weight, as many medicines are dosed by weight
- Always check with the pharmacist before mixing any medicine with food or drink
- Never pretend that medicine is candy
- Always read the label for complete instructions and follow these carefully

When to take your child to the doctor: If you're unsure, your pharmacist can help you decide if it's safe to treat your child's symptoms yourself or if you should contact the doctor. As a general rule of thumb, call your doctor if your baby is under six months of age and has a fever, or if your child has a temperature over 39C (102F).

Storing your medicines safely:

- Keep all medicines away from children (out of sight and reach)
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- Keep your medicines in the original labeled container and keep the cap closed
- Do not store medicine with food or household products
- Clean out your medicine cabinet and take old medicines back to your pharmacy for safe disposal. Don't throw medicine in the garbage - children or animals may get into it - or flush it down the toilet or sink

Your medicine cabinet: You should keep these basic items at home to help you care for your child:

- Medicine spoon or oral liquid syringe
- Thermometer
- Pain and fever relievers (acetaminophen or ibuprofen, NOT Aspirin or ASA)
- DM (dextromethorphan) syrup for dry cough; check with your pharmacist or doctor before giving to children under two
- Diphenhydramine (Benadryl) for allergic reactions and itching rashes
- Dimenhydrinate (Gravol) for nausea and vomiting
- Petroleum jelly and diaper rash ointment
- Saline nose drops to help loosen nasal mucus in infants
- Calamine lotion
- Rubbing alcohol to clean thermometers and tweezers - do not use for rubdowns to reduce fever
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Couch on fire

FIFTEEN FIREFIGHTERS responded to a blaze at a Kalum Gardens townhouse on Hanson St. in the early morning hours of March 2 to discover a couch on fire.

An electrical heater left on overnight ignited the sofa and the blaze was limited to that piece of furniture, enabling fire crews to douse the sofa shortly after arriving.

Firefighters remained for about an hour to ensure the flames were out.

The townhouse sustained smoke damage throughout and water damage.

The mother and her 10-year-old son inside escaped unharmed.

It's believed the boy wasn't feeling well and the space heater was there to provide heat for him.

During the night, he felt something on his feet and woke up in time to get himself and his mother out of the building. Emergency social services assisted the family with shelter and supplied items they needed.

Terrace fire chief Peter Weeber said space heaters with timers are the best ones to use, and people need to ensure that they are not left on overnight.

The situation could've turned out a lot worse, he said. The fire department did not have a damage estimate as of late last week.

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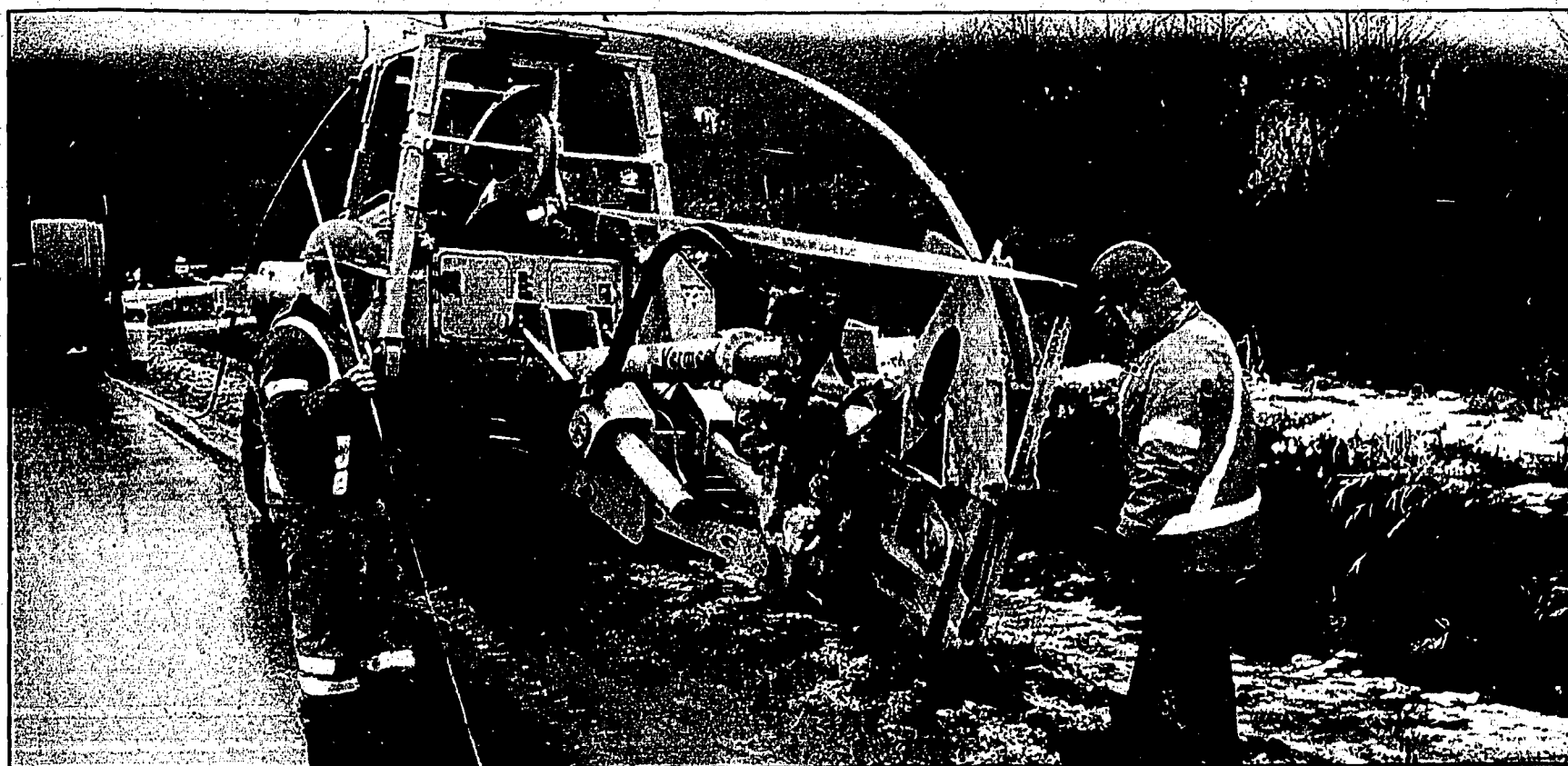
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BUSINESS REVIEW



AVERTEX UTILITY Solutions Inc. crew members install conduit in the ground along the north side of Hwy16. The specialized plow digs a trench and installs the conduit which will later house the fibre optic line from Prince Rupert to Terrace. CONTRIBUTED PHOTO

Cable, internet options to expand

By SARAH A. ZIMMERMAN

WORK IS under way to extend a fibre optic line between Terrace and Prince Rupert.

The work is being done for CityWest – the cable and telephone company owned wholly by the City of Prince Rupert. Since CityWest bought out Monarch Cable last year, it is looking to expand into Hazelton, Terrace, Kitimat and Smithers.

The conduit currently being installed along Hwy16 from Prince Rupert to here will house the 150-km fibre optic line and the construction end is expected to be complete by August, says CityWest general manager Rob Brown.

This \$7-million project is a significant investment expected to pay off for customers by providing digital cable service in areas where analogue cable is currently

only available. It also opens the door to high speed internet access.

Brown expects the digital cable services to be available here by 2007.

While the initial plan calls for the digital services to be available in Terrace and Prince Rupert by next year, the company has plans further expansion, taking in areas such as Kitimat, Smithers and Hazelton as early as 2008.

The company is also in the process of centralizing Monarch's former administrative services to Prince Rupert from Medicine Hat, Alta.

And that has accomplished something economic development officers throughout the region are eager to see – an influx of people moving here from out of the region.

Chad Cunningham, CityWest sales and marketing

manager, has already made the move to Rupert and another manager is expected to arrive soon, Brown said. The company is also in the midst of moving its call centre from the U.S. to Prince Rupert – Monarch had contracted out that service to the American firm, but CityWest's aim is to employ people locally so money stays in the region.

That is expected to create a modest three or four jobs. The company currently employs in the neighbourhood of 50 people including management, customer service and technical staff.

Brown is hoping the CityWest's dedication to the northwest will entice customers to them rather than companies such as Telus. "Then every dollar spent is kept in the region – it's not siphoned off to a big corporation in Vancouver," Brown said.

The company answers to

a board of directors appointed by the Prince Rupert City Council, but operates as an independent body.

It pays dividends to the City of Prince Rupert in the range of \$2 million each

year.

The fibre optic installation is being overseen by Leducor Technical Services and specialty work subcontracted to Avertex Utility Solutions Inc.

Chic meets environmental consciousness

By SARAH A. ZIMMERMAN

A FORMER Terrace resident has launched a Vancouver-based business that marries fashion with environmental consciousness.

Elizabeth Clark, 25, is the cofounder of BYOB – or Bring Your Own Bag – a line of reusable canvas bags, designed with the urban chic set in mind.

The bags are emblazoned with eye-catching graphics and quotes such as "stop using plastic bags" and "we do not inherit the earth – we borrow it from our children."

They have long straps and are ample in size so they can be reused for not-so-chic necessities such as grocery shopping – the idea being a person can reduce the number of plastic bags he or she uses and still look fashionable. The idea stemmed from seeing other reusable bags sold in grocery stores that had uninspiring graphics and were low quality.

Clark hooked up with graphic designer Jenny Hughes to launch their own line of heavy duty, but attractive bags.

The philosophy behind the company also comes from a growing global push to eliminate plastic grocery bags in favour of reusable ones. Countries such as Ireland levy taxes on using plastic bags and other countries have banned them altogether.

"It's something the rest of the world is very conscious of and North America has been very slow to become conscious of bringing your own bag to the grocery store," Clark says.

The bags are available in select shops in Vancouver and Calgary, Alberta and online at www.bringyourownbag.ca



BYOB Turtle bag

THE NWCC Advantage

Bachelor of Science in Nursing APPLICATION DEADLINE

March 31 Application Deadline

In September 2006, the **Bachelor of Science in Nursing (BScN)** will be offered in Terrace in partnership with UNBC, the College of New Caledonia and Northern Health. Students must apply by the **March 31 deadline**. Individuals who apply by March 31 and will complete secondary school graduation by the end of June will not be disadvantaged by this deadline.

Applications forms are available at any NWCC location and at UNBC's Terrace and Prince Rupert campuses. Applications can be completed online at www.unbc.ca/whyunbc/index.html.

For more information about the BScN program and application, please contact us:

Northwest Community College

Gayle Appleton, BScN Program Coordinator
Phone: (250) 638.5479 Email: gappleton@nwcc.bc.ca

UNBC Terrace Campus

Phone: (250) 615.5578 Email: registrar-info@unbc.ca
www.unbc.ca

Contact us today:

Call: 635.6511 or Toll-free: 1.877.277.2288
Visit us online at www.nwcc.bc.ca Email: info@nwcc.bc.ca



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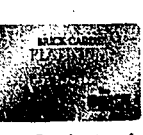
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For more details, contact your travel agent

DUSTIN
QUEZADA

COMMUNITY

638-7283

Around Town

Mag features Terrace pond of dreams

THE WORDS of Terrace resident Carol Freeman have landed in the February/March issue of Our Canada.

In the My Backyard feature on page 46, Freeman shares a winter photo of her backyard off of Kalum Lake Dr. that features a pond "when fully uncovered, is a bout as long as a hockey arena."

The pond, four feet deep and self contained, is bordered by snow covered forests and a looming mountain.

Clearing the ice, writes Freeman, is a chore.

"It's a lot of work, but it's well worth the effort to be able to share something fun and healthy, and for the pleasure of being outside together - sharing the best of Canada's outdoors," writes Freeman.

TLT looks for talented teens this Friday

AUDITIONS FOR the Terrace Little Theatre Youth Troupe's production of "Louder, I Can't Hear You" a comedy by William Gleason, will be held Friday, March 10 at 1 p.m. at the McColl Playhouse.

Director Garion Willer is seeking three females and three males (all parts suitable for teens) for this play with performance dates in June. Everyone welcome.

For more information, e-mail Garion or the Youth Troupe coordinator Amy Turner at info@mytl.ca



TAKE a tour of the college's shop as part of the second annual Trades Fair and Skills Canada Competition Friday, March 17. That's welding student Stryder Dennill.

College builds on last year's trade fair

NORTHWEST COMMUNITY College is hosting its second annual Trades Fair.

The trades department at NWCC invites students and community members to the day-long event that will feature several trades related attractions.

Local industry representatives will be on-site and available to discuss job opportunities within their fields and trades in general.

Plus, tours of the trades shops will be offered at various times throughout the day.

The fair will take place in conjunction with the annual Skills Canada Competition. Members of the public are invited to attend the Skills Canada Awards ceremony at the end of the day (3 p.m.).

The trades fair is on Friday, March 17 from 9:30 a.m. to 2:30 p.m. in the Cedar Building at the Terrace campus.

Contact Ken Downs at 638-5468.

There's lots to do for the younger set

WHO SAYS the youth have nothing to do?

The Kermode Youth RESPECT Program at the Kermode Friendship Centre offers plenty of free activities to occupy all youth between the ages of 10-18. Programs run seven days-a-week to keep youth active, busy and involved with their peers and the community. The following are some of the regular free programs/activities the centre offers each week for teens:

Drop in: The centre has computers with internet access, Xbox and games, board games, arts and crafts and music.

Days and Times: Sundays 3-5, 8-9:30 p.m./Mondays & Wednesdays 7:30-9 p.m./Thursdays 7:30-11 p.m./Fridays 6-12 a.m./Saturdays 2-8 p.m. Youth council meetings/activities: Sundays 7-8 p.m. Youth AA/NA sharing circle Sundays 6-7 p.m. Homework club and tutoring: Mondays to Thursdays 3:30-5:30 p.m. Swimming: Mondays, Wednesdays and Fridays 6:30-8 p.m. (meet at the aquatic centre and it is mandatory to bring your own bathing suit and towel). Yoga (all ages): Tuesdays 4-5 p.m. Wellness Warriors: Tuesdays 5:30-7:30 p.m. Workshops: Thursdays 6-7 p.m. Movie night: Thursdays 7-11 p.m. Dances: Adult (17 years and up) Fridays 9-1 a.m./Teen (10-18 years) Saturdays 8:30-11:30 p.m.

Cost is \$1 to get in or volunteer to help clean up or dress up for the weekly theme.

To check for themes get a calendar at the Kermode Friendship Centre.



BRIAN Harris calls his photographic work "cultural portraiture." This portrait, one of 500 that comprises his show, *Beauty and Transformation*, shows his friend Cynthia Hunt, who has worked for 15 years in Ladakh's remote Himalayan villages. BRIAN HARRIS PHOTO

Cultural feast for the eyes

By DUSTIN QUEZADA

WHEN PHOTOGRAPHER Brian Harris took a "Tibetan personal journey" 18 years ago, he brought his camera and it changed his life.

When his pictures were warmly received in Canada, the 54-year-old realized he could pursue a career in travel, photography, traditional culture and service.

He has since been using his photography to bring benefit to his employer Seva Canada, an organization that exists to restore vision to those who are needlessly blind in areas of the world where sight restorative surgery would not normally be available.

"I've been doing one project after another," said Harris from Vancouver, where he is preparing to bring his latest show, *Beauty and Transformation*, to 15 communities in B.C. and Alberta. Terrace is his first stop.

Harris's previous shows have been the product of 15 years of work in the Himalayas but he calls the new show, the result of five months photographing in India last year, his best work to date.

"One generally progresses at what one does and on this particular trip I stayed in only three places," Harris said. "That allowed me to get more deeply into the subject matter."

Another reason, adds Harris, is a switch from film to digital, one he calls a huge transformation. Harris says the ability to make daily reviews of his work, and re-shoot if necessary, allows photographers for the first time to work in real time, the way other artists have long done.

"I was happy and inspired," Harris said of the breakthrough. "It affected my mental states and those of my subjects."

It also affected his productivity.

The digital technology enabled him to shoot 20,000 pictures - four to five times more than his output would have been with film - and experiment.

Along with the 20,000 photos, he and his wife compiled video, indigenous music and sounds for the multimedia show.

The show, pared down to 500 images, portrays the work of four people and projects that exemplify the qualities of wisdom, beauty, vision and compassion.

It starts with the compassion theme and a look at the work of Harris's longtime friend Cynthia Hunt's 15 years of service, dedication and passion in Ladakh's remote Himalayan villages.

When political unrest in Nepal derailed plans to work there, Harris said he stumbled upon the show's second subject while staying in a Tibetan

guest house.

With beauty as the theme, Harris depicts the life of Raja Banerjee, the fourth generation owner of Makaibari Tea Estate, one that has been transformed into a model of how to reorder society into an equitable community.

"His work just fit into the show," Harris said.

The show's third element is vision, a look at Seva's work in India. Harris said the show finds beauty in the order and structure of the Chittrakoot eye hospital's organizational methods.

The last theme - wisdom - looks at the life of an 86-year-old Indian saint and his disciples. Mahaji leads his spiritual community in the care of 100 cows and one elephant as an act of devotion to the Divine Mother.

"It's a pilgrimage place for Hindus and wandering saints," Harris added.

To sum up the show, Harris says it comprises a lot of beauty from various points of view.

"[The show] is using beauty to transform and bring benefit to the world," said Harris, describing Seva's work as "compassionate action."

"I think there needs to be more of that in the world."

Beauty and Transformation, the 90-minute show, will be presented Saturday, March 18 at the Dr. R.E.M. Lee Theatre. See page B2 for details.



STUDENTS from six elementary band programs take part in the 2006 band retreat at the Dr. R.E.M. Lee Theatre Feb. 24-25. SARAH A. ZIMMERMAN PHOTO

Healthy band programs take a musical retreat

By DUSTIN QUEZADA

THE DARE to Dream Foundation's annual band camp produced results that were music to the ears of band program supporters.

The two-day retreat had more than 240 Grade 6 and 7 band students from six schools - Clarence Michiel, Cassie Hall, Uplands, Thornhill, Veritas and Centennial Christian - honing their skills in a series of workshops.

"The whole purpose (of the retreat) is to add value to the delivery of the band pro-

grams," said Waynes Jones, with the Dare to Dream Foundation.

The Friday and Saturday workshops were led by special guests and musical professionals Don Clark, Julia Nolan and Laszlo Klein, along with 15 local clinicians.

The event was again capped by a gala concert with two mass bands on the Saturday night that put the young musicians' new and improved skills to the test.

Jones wasn't just happy with the music that came out of the weekend retreat.

Continued Page B3

Relay for Life vital for cancer society's work

By DUSTIN QUEZADA

IT MAY be March for most of us, when minds wander to warmer temperatures, spring cleaning flowers blossoming. For Helen Owen, March means time is ticking for this year's Relay for Life.

Owen, a Terrace resident and volunteer with the local Canadian Cancer Society, is coordinator for the May 6 event, the society's biggest fundraiser of the year.

With little more than eight weeks before the event, Owen wants to get the community excited so that she and the cancer society's local branch can meet their goals.

"We're hoping for 26 teams, 300 individuals," Owen said, adding \$61,000 is the target.

Last year, there were 24 teams and 276 participants who raised \$55,000.

Money raised from the relay, along with the society's other fundraisers, such as March daffodil sales, an April door-to-door campaign and Cops for Cancer in September, go toward a number of aid measures for people diagnosed with cancer, said Owen.

That includes the Emergency Aid Program for people diagnosed with cancer that helps patients with travel arrangements and accommodation during treatment.



Helen Owen

Continued Page B3

CITY SCENE

Clubs & pubs

ARTFUL CUP: Open mic night Saturdays. **GEORGE'S PUB:** Pete Moss and the Fungi March 10-11; Sugarfoot March 17-18, 24-25; Accelerators March 31, April 1

HANKY'S: Tues. karaoke, free foosball/Wed. karaoke, free pool/Thurs. college games night/Fri.-Sat. dance music & door prizes/Sunday 8 p.m. to midnight music jams. A great opportunity to network with fellow musicians in a friendly atmosphere. All you need is your instrument because there's sound equipment, lighting, a drum kit and all the amps you'll need.

LEGION BRANCH 13: Meat draws and music to dance to Saturdays starting at 4 p.m.

Visual Arts

■ **Beauty and Transformation**, Seva Canada's 90-minute presentation of Canadian photographer Brian Harris's trip to India in 2005. The multimedia show presents more than 500 new photographs using photography, videography, indigenous music and sounds to portray the transformative work of four people and projects that exemplify the qualities of wisdom, beauty, vision and compassion. The show will be presented at the Dr.

R.E.M. Lee Theatre Saturday, March 18 at 7:30 p.m. sharp. Tickets are \$15 at the door and money raised will go to Seva Canada's sight projects.



Brian Harris's stunning photography will be presented in a 90-minute show at the Dr. R.E.M. Lee Theatre March 18.

■ **The Terrace Art Gallery** presents *Trees*, mixed media featuring Dawn Gernyn. On display from Friday, March 3 to Saturday, April 1 at the gallery - 4610 Park Ave. Gallery hours are: Wednesdays, Thursdays and Saturdays noon to 4 p.m., Fridays noon to 6 p.m. and Sundays 1-4

p.m. For information, call 638-8884.

Live music

■ **The Watoto Children's Choir** of Uganda comes to the Terrace Pentacostal Assembly Sunday, March 12 at 6:30 p.m. for a free show. To find out more, call 635-2434.

■ **The 41st annual Pacific Northwest Music Festival** returns March 23 to April 8 at the Dr. R.E.M. Lee Theatre. The 17-day festival celebrates the music and culture of the Northwest with a variety of activities for all ages. Competitions in disciplines of dance, strings, guitar, piano, vocal and choral, speech arts, brass, band and woodwinds. Local and out-of-town performers.

Etc.

■ **International Women's Day** will be celebrated with a potluck dinner at the Coast Inn of the West on Wednesday, March 8 from 6-9 p.m. Drinks and desserts will be provided, as will musical entertainment and a few guest speakers. Open to all women who want to celebrate International Women's Day. Call the Terrace Women's Resource Centre at 638-0228.

Fax your event to make the Scene at 638-8432. Deadline is 5 p.m. Thursday

Community Calendar

Return your DRINK BOXES & POUCHES

TERRACE BOTTLE & RETURN IT DEPOT
3110 Kalum - Right beside Sears 250-635-3779
Open Mon. to Fri. 8:30 am - 5 pm Sat. 10 am - 6 pm Closed Sun.

RUPERT BOTTLE DEPOT
900 2nd Ave West 250-624-5720
Open Mon. to Fri. 9:30 am - 6 pm Sat. 10 am - 6 pm Closed Sun.

Return-It

CAR WASH
8 am - 11 pm Daily, 900 2nd Ave West, Prince Rupert

The Terrace Standard is a community organization. The column is free for all community members to use. There is no charge for advertising. Space permitting, items will run for two weeks. Deadline is 5 p.m. Thursday. Fax your event or idea to 638-8432. For general inquiries, call 638-8884.

COMMUNITY EVENTS

MARCH 1-19

The Kitimat Centennial Museum presents Family Traditions II: an exhibit by Henakiala First Nation artist Chris Wilson featuring banners, paintings, and carvings by Henry Robertson. Through March 19. Mon-Fri 10 a.m. to 5 p.m., Sun 12-5 p.m.

FRIDAY, MARCH 10

The Terrace Women's Resource Centre presents a Roundtable with Robin. A chance to meet the MLA for Skeena and share ideas and concerns. From 11:30 a.m. to 1 p.m. at 4542 Park Ave. Call 638-0228 for info.

MARCH 17 & 24

The Terrace Legion Branch 13 is staging a four-night karaoke contest (remaining dates March 17 & 24) with registrations at 7:30 p.m. and competitions beginning at 8 p.m. each evening. Cash prizes for 1st, 2nd and 3rd are on the line and will be awarded March 24. The best three out of four nights will be used for judging so every night is important. All members and bona fide guests welcome to come out and watch or perform.

SUNDAY, MARCH 19

The Citizens on Patrol Program (C.O.P.P.) is having a bike sale at its office in the Skeena Mall. The bikes for sale have been handed in to the RCMP in the last year, fixed by C.O.P.P. and remained unclaimed for three months. Last year's sale featured all types and sizes of bikes - about 70 in total. Doors open at 9 a.m. Call Jean or Winston 635-7753 or Connie 635-4690 for information.

PSAs

The Terrace Child and Development Centre and Northern Health offer infant massage with certified instructors over four dates: March 9, 13 and 16. Sessions are from 10:30-11:30 a.m. at the Northern Health Authority (3412 Kalum St.) For babies aged birth to pre-crawling. The sessions are free, participants need only bring a blanket or towel. To register, call 638-2200 or for info call Catherine 638-1100 or Karen 635-9388. Learn another way to bond and communicate with your baby.

Jobs! Opportunity! Learn about power engineering at InterConnect (4530 Lakelse Ave.) on Tuesday, March 14 from 1 to 2:30 p.m. Call 635-7995 to register or simply come. Coffee provided.

Skeena Diversity Society invites you to a free training workshop on diversity, introducing Safe Harbour - respect for all, a province-wide initiative with its creator Terre Flower of Nanaimo. Tuesday, March 14 from 9-11:30 a.m. at UNBC, 4741 Park Ave. To pre-register, contact Frances Birdsell, coordinator, Skeena Diversity at 635-1520 or info@skeenadiversity.com

The Terrace Public Library presents a Spring Break Puppetry Camp for children aged 9-13. Learn the art of puppetry during this one week camp. Activities include script writing, puppetry basics, puppet creation/design and production. The week will conclude with group performances at the library. Classes begin on Tuesday, March 14 from 10 a.m.-1 p.m. and finish on Friday, March 17 at 2 p.m. A small snack will be supplied each day but campers are required to bring a bag lunch. This is a free program, all supplies are included but class size is limited so register early to avoid disappointment in person or by phone at the library 638-3177.

Terrace Churches' Food Bank will distribute food over four days at the rear of 4647 Lazelle Ave. from 1-3 p.m. starting on Monday, March 13 for surnames A to H; Tuesday, March 14 for surnames I to R; Wednesday, March 15 for surnames S to Z; and Thursday, March 16 for anyone missed. The above order will be enforced, so please come on the right day and bring identification for yourself and your dependents.

Community groups and entertainers wanted. Now scheduling trade show entertainment for April 13-15. Call Tony at 635-5333.

The Métis B.C. Nation wants to help sign up Métis members of the community for citizenship in order to be recognized as a nation. Deadline is approaching. Call Leanne at 615-9700, e-mail reg@registrar@gmail.com or go to #206-3228 Kalum St. Transportation to the Terrace office will

be provided for the elderly, single mothers, etc.

The Terrace Emergency Shelter hosts Bannock & Beans, where Fridays are chili nights at the shelter. From 4-6 p.m. at 2812 Hall St. Call 635-5890 for more info. The meal is free. Volunteers for meal preparation always needed.

The Clay Artists of Terrace Society is taking registrations for pottery lessons at the new community pottery studio. Call Linda 635-1767.

Cafenara is bringing back by popular demand its acoustic jams every second Tuesday at 7 p.m. Upcoming dates are: March 21, April 4 & 18, May 2 & 16.

The Terrace branch of the B.C. Schizophrenia Society sponsors a series of educational presentations on brain disorders. March 15: understanding and communicating with someone with mania; April 12: understanding and communicating with someone who has delusions. All presentations at 7:30 p.m. at the health unit auditorium at 3412 Kalum Street (use side door). Free and all welcome.

Mills Memorial Hospital Auxiliary Thrift Shop, located at 4544 Lazelle Ave. (open 10-4 p.m. Tuesday to Saturday) will have a winter coat sale. Adult jackets will be \$3 and children's jackets \$1.

Kermode Friendship Society offers free tutoring at its Kalum St. location with an After School Homework Club Mondays through Thursdays from 3:30 - 5:30 p.m. This program is open to youth in need of help and support in school. Peer tutors wanted. Learn by teaching. This could be used as hours required in graduation portfolio. For more information contact Kim Besharah of Kermode Friendship Society at 635-4906 ext. 27.

The Terrace Women's Resource Centre (4542 Park Avenue) hosts Friday drop-in discussion: Gender Lens on local issues. Call the women's centre at 638-0228.

Skeena Family Resources presents free programs for parents and children under six at Kitselas on Queensway, Skeena Kalum Housing and at Kitsumkalum. Parent connection, information workshops for parents and fun activities for kids. Tuesdays to Thursdays from noon to 2 p.m. Transportation is available. Everyone welcome. Call 635-7087 for information or transportation.

The Artful Cup hosts Stitch 'n Bitch, co-ed knitting circle every Thursday from 7:30-9 p.m. Sewing and crochet also welcome with people on hand to teach. For more info call Renee at 615-9383.

Soup Kitchen, operating every Monday from 12-1:30 p.m. at the Kermode Friendship Society, 3313 Kalum St. Enjoy a hot bowl of soup and a bun! Call Angela or Louisa at 635-4906.

The Healing Touch Association of Terrace offers free treatments to the public at the Knox United Church from 7-9 p.m. on the first and third Mondays of each month starting Oct. 17 (except stat holidays). Sessions are by donation. To book your appointment or for info, call 635-8892.

Terrace Toastmasters is now meeting on the second and fourth Wednesday of each month at the firehall conference room. Always open to new members. Call Bob 638-0923 or Rolf 635-6911 for information.

Alanon meets every Sunday at 7 p.m. at the Women's Centre.

Alcoholics Anonymous meetings every night of the week. Call 635-6533. N/A meetings 7:30 p.m. Saturdays at the education room at the hospital. Call Tony at 798-2598.

Girl Guides of Canada in Terrace is looking for volunteers! If you would like to be a Girl Guide leader or on District Council call Lia at 635-3868.

Skeena Square Dancers welcome all ages from 16-90 on Monday nights at the Carpenter's Hall to Apr. 31, 2006. Beginner dancer session from 7-8 p.m. and 7:30-9:30 p.m. for mainstream dancers. Beginners dance for a toonie, mainstream dancers for \$5/night. Call Ron 638-8316 or Diana 638-1626 for information.

Summer Drama Days 2006

4 Week Drama Day Camp for 6 to 13 year olds

Stretch Your Imagination, Make New Friends
\$125 for over 50 hours of instruction
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FOR THE MONTH OF MARCH!

March Features

LOUISIANA PULLED

PORK BUN

This pork is slow roasted until it pulls apart. Teamed up with a savory hot and sour sauce and served topped with fresh coleslaw in a hoagie bun. Come in and try your taste buds will thank you for it.

DINNER - after 4pm

CRISPY COCONUT SHRIMP WITH

A MARINATED CHICKEN KABOB

Served on a bed of rice. This is teamed up with a Thai cucumber salad with toasted peanuts and peanut sauce.

Warm up your taste buds with a Bear Country Classic Caesar Cocktail. This double has lots of spice and Clamato to give it a real kick.

BEAR COUNTRY INN

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Look Who's Dropped In!

Baby's Name:

Sydney Rachel Nelson

Date & Time of Birth:

Feb. 8, 2006 at 6:00 a.m.

Weight: 5 lbs. 7 oz.

Sex: Female

Parents: Gail & Jeff

Baby's Name:

Mateya Barbara Odell

Date & Time of Birth:

Feb. 12, 2006 at 4:08 a.m.

Weight: 7 lbs. 12 oz.

Sex: Female

Parent: Katrina

Baby's Name:

Sidney Marie Penner

Date & Time of Birth:

Feb. 15, 2006 at 8:30 a.m.

Weight: 6 lbs. 1 oz.

Sex: Female

Parents: Shauna & Greg

"Little sister for Mitchell Olson"

Baby's Name:

Brooke Elyse Viveiros

Date & Time of Birth:

Feb. 23, 2006 at 8:36 a.m.

Weight: 7 lbs. 4 oz.

Sex: Female

Parents: Joely & Rob

"Little sister for Eden & Aria"

Baby's Name:

Phoenix Michael McColman

Date & Time of Birth:

Feb. 25, 2006 at 3:56 p.m.

Weight: 7 lbs. 2 oz.

Sex: Male

Parents: Christa & Lee

"Little brother for Michelle"

Baby's Name:

Caelan Ryan Moore

Date & Time of Birth:

Feb. 27, 2006 at 8:41 a.m.

Weight: 7 lbs. 12 oz.

Sex: Male

Parents: Janet & Leroy



SHOPPERS DRUG MART

congratulates the parents on the new additions to their families.



R.E.M. LEE THEATRE

For more information go to our website at: remlee.net

Join us at the R.E.M. Lee Theatre!

Saturday, March 18, 2006
Beauty and Transformation "India Eye to Eye," - The Photography of Brian Harris "India Eye to Eye," arose from a desire to benefit the people and traditions that are the source of his images and spiritual inspiration. Since 1987, Brian has raised over \$230,000 towards Seva's sight restoration projects in Tibet, India and Nepal. Brian Harris works for the Seva Canada in Vancouver as a fund raiser and society advocate through the sale and presentation of his Himalayan cultural photography.

March 23 - April 8, 2006
Pacific Northwest Music Festival - Dance, Speech, Bands, Choirs, Gala's, and much more.

March 23 - Off
March 24 - 26 - Bands
March 27 - April 1 - Dance
April 2 - Choral Performances
April 3 - Elementary Choral Performances

Friday, April 7, 2006
Scholarship Night of the Pacific Northwest Music Festival. See the best performers from all the disciplines. An evening of excellence.

Terrace Concert Society Tickets
Available online at:
www.terraceconcertsociety.org
for info & to purchase tickets

Terrace Little Theatre Tickets
Available at:
Uniglobe Courtesy Travel



ROYALTY and Red Serge: from left, Queen of Hearts Lorna Klowak, Const. Jason Hydama, Const. Rochelle Patenaude and King of Hearts Bill McRae at the 23rd annual Sweetheart Dinner and Dance Feb. 12. CONTRIBUTED PHOTO

Heartfelt thanks for "wonderful evening"

23rd annual Seniors Sweetheart Dinner and Dance

CITY FREEMAN Bill McRae crowned King of Hearts: On Sunday, Feb. 12, 2006, the 23rd annual Seniors Sweetheart Dinner and Dance was held at the Elks Hall on Tetrault St. And wow, what an event.

Yes, it's been 23 years since the Terrace Kinette Club first held this wonderful and appreciated event.

On behalf of all the seniors, I would like to thank the Terrace Kinette and Kinsmen for the wonderful evening.

The special evening started with seniors arriving early to get a good seat. Once everyone had time to find their favorite spot, the evening began with Kinette Joyce Gibson welcoming everyone and introducing the head table.

Starting from left to right was Lois and Rich McDaniell; Const. Jason Hydama and his wife Vanessa; last year's King and Queen of Hearts, Bob Goodwin and Bertha Prinz - accommodating Bertha her friend Ann Bartlett; Const. Rochelle Patenaude; city councillor Lynne Christiansen representing the City of Terrace and her beautiful little daughter Danika.

Opening the evening before dinner, Christian-

sen said grace, then Kinette Joyce Gibson and a few helpers started giving out the gifts. The gift giving went on all night, everyone there received a gift.

It's amazing how our local merchants always go all out in contributing. I have to say they're the greatest.

A few people got up to



HERE 'N THERE
YVONNE MOEN

give a few thank-yous to the Kinettes and Kinsmen for the evening. Then everyone sat back and enjoyed the delicious dinner.

Once everyone had finished dinner and the tables were cleared of the dirty dishes, it was then time to crown the new 2006 King and Queen of Hearts.

In case you don't know how this is done, ordinary playing cards are handed out to every senior, and the ones who gets the King or Queen of Hearts are then crowned the new King and Queen of Hearts for the year.

For this year, The new 2006 King of Hearts was

none other than City Freeman Bill McRae and the new 2006 Queen of Hearts was Lorna Klowak.

Many thanks to those involved for this wonderful, fun evening.

The Kinette Club of Terrace was founded in 1954, and over those 54 years has contributed greatly to Terrace.

Now, because of the lack of volunteers, the Kinette Club can no longer operate as a group in the community. This group, along with the Kinsmen, has contributed so much in helping to make Terrace a better place to live.

As a person who is out there involved in several organizations, I have seen the numbers of volunteers fading away drastically. Somehow we need to encourage others in our community to come out and lend a hand.

To the Kinette Club, on behalf of Terrace, we thank you for the many volunteer hours and the thousands of dollars contributed toward many improvements in our city.

And to the Kinsmen, thank you for taking over this special event. A special thank-you to two life members of the Kinettes - Denise Coulter and Kay Parker. Kay was in charge of the entertainment for this evening - thanks Kay. And many thanks to hard working Kinette, Joyce Gibson and everyone else who helped in making this evening a special time for seniors. Many thanks to all.



Great work

TARON LISSIMORE, left, and Amelia Niesner were recognized by Mayor Jack Talstra at the Feb. 27 city council meeting for receiving one of Scouts Canada's highest honours - the Chief Scout Award.

SARAH A. ZIMMERMAN PHOTO

From B1

Alcan extends agreement for three years

Alcan, with the Dare to Dream Foundation, announced a three-year arrangement that will go through the 2008-09 school year, said Jones. Through the length of this and previous agreements, Alcan will have made a \$75,000 contribution to the elementary band program.

The announced agreement, with contributions of \$15,000, \$10,000 and \$5,000 each year, will again allow the Dare to Dream Foundation to match the school district 50/50 in the cost of delivering the program.

Last year, the foundation gave the district \$49,000. Jones says the program is clearly working as evidenced in Kitimat where for the first time since 1999, there is a Grade 6 and 7 band program.

PUBLIC FORUM

"DEVELOPING COMMUNITY AWARENESS TO ADDRESS SUICIDAL BEHAVIOUR"

WEDNESDAY MARCH 15TH, 2006

7:00 TO 9:00 P.M.

BEST WESTERN TERRACE INN SKEENA ROOM 1

Presenters

SURI VANGOLEN & ELIZABETH FORTES of S.A.F.E.R.

Presented by

Support After Suicide, Northern Health, Northwest Band Social Workers Association, Kermode Friendship Society and Kitaleas Health & Wellness

Contact Joset Graham 638-1347 Support After Suicide

UPLAND'S NURSERY

Garden Talk...

BEAT THE BUGS!

As much as I enjoy the fall colors and the crisp fall air, I still can't help but marvel over the magnificent transformation spring brings. Spring is coming quickly and after a long winter it is a very exciting and welcome season change. Fall bulbs are beginning to poke their heads out in anticipation, and deciduous buds are rich with new life. There is still time to prune fruit trees, but it is already too late for most maples. Ready or not spring is on its way! So if you are not yet prepared now is the time to start.

A large percentage of pest insects lay their eggs on or around your trees or shrubs in the summer and fall. These eggs will then lay dormant through the winter and hatch in the spring. The same is true of fungus spores. Due to the cold wet air fungus spores spread very rapidly in the fall. These spores will then lay dormant over the winter and reappear in the spring. Dormant Spray Kits, a combination of horticultural mineral oil and lime sulfur, are a fantastic preventative measure to kill overwintering eggs and fungus spores before they ever grow into a problem. Dormant spray should be applied in early spring before buds open and not in freezing weather.

Hurry in and pick up what you need to beat the bugs!

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From B1

Relay doesn't conflict with Mother's Day

Of the 208 patients in the northern region assisted in 2005 under the program, more than 10 per cent were from Terrace.

"A Thousand people from the North stayed in (cancer society) lodges in Vancouver, Victoria and Kelowna," added Owen.

This year, the northern region budget for Emergency Aid is just under \$210,000, said Owen.

Money also goes to three camps the society operates - one each for children, teens and families, a wig and breast prosthetics bank, the local support group and education/prevention and resource information.

There will be a focus on survivors this year, with a "Survivor Lap" to start the relay, followed by a small reception. Owen stresses that cancer survivors don't have to be registered participants.

So far, 15 teams of eight to 12 people have registered and Owen is encouraging team fundraising, such as garage and bake sales, and challenges amongst the groups.

Last year, for instance, school district superintendent Randy Smalbrugge shaved his head when his team raised \$2,500.

The relay always ends with luminaries (personalized bags with candles that glow) being lit in a beautiful display by participants. Owen hopes as many participants as possible purchase the \$5 luminaries. Bows, also \$5 are for sale.

Unlike past years, the 2006 event does not coincide with Mother's Day. It's Saturday, May 6 from 10 a.m. to 10 p.m. at George Little Park. Registration is \$15 per person. Call Melanie Olson at 798-9555 to register and get ready to relay.

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"Brenna" is a female Lab/ Collie x. She is about 2 to 3 years of age and is just the nicest dog. Brenna was found in the Horseshoe area and an owner has not come forward. We believe her to have had puppies as she was still producing milk. We've helped her through her stressful time and is now ready and waiting for a nice, loving home. Brenna has proven to be good with other dogs, loves to play with them; she also does quite well with cats too. She's fun-loving and energetic. Great family pet.

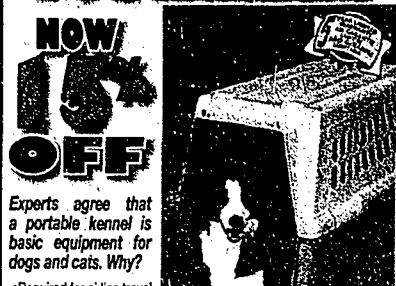
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MARGARET SPEIRS

SPORTS

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SKEENA ANGLER
ROB BROWN

High tide

This is the big gorilla. We are concerned because we know that sea levels have been able to rise much faster in the past - 10 times faster. If sea level rise is multiplied by 10 or more, I'm not sure we can deal with that."

So said a Mr. Eric Rignot, and when Rignot, who gets his paycheck from the U.S. space agency's (NASA) Jet Propulsion Laboratory in California, speaks about sea levels, we do well to listen.

Rignot, along with some other meteorologically minded researchers from the University of Kansas who share his penchant for glaciology, enlisted the use of NASA satellites to examine the dynamics of the Greenland ice field.

An ice field is, to borrow Dr. Rignot's phrase, a gorilla of a glacier, a great chunk of perennial ice that originates on land through the recrystallization of snow or other forms of solid precipitation.

Formed over tens to hundreds of years as snow that gave birth to it eventually became so thick that it collapsed under its own weight and formed dense glacial ice, icefields occupy an extensive tract of more or less level land.

They flow from the centre outward because enough of the ice compacted and succumbed to gravity. Icefields flow like very slow rivers. Rivers flow to the sea.

Over 75 per cent of the world's fresh water is presently locked up in these frozen reservoirs. More than 90 percent of the 33 million cubic kilometres of glacier ice in the world is locked up in the gigantic Greenland and Antarctic ice sheets.

Motivated by the knowledge that the air temperature in southeast Greenland has increased by three degrees Celsius over the last 20 years, and suspecting that this alarming rate of warming was likely to give rise to some significant events on the ground, Dr. Rignot's research team pored over the satellite imagery gathered by their eyes in the sky and presented their findings, which have been published in the science journal *Nature*.

Until the work of Dr. Rignot et al hit the newsstands, scientific consensus had it that given a continuation of the present warming trend, the shrinkage of the now massive Greenland ice field would ensure that it would be around, albeit in ever diminishing form, for another millennium.

So, while the people with beach frontage should be concerned with a bump in sea water as a result of glacial melt caused by global warming, the rest of us could put ocean rise on the shelf for now and go on with more pressing worries, like rises in fuel prices and paying off our mortgages.

The work of Rignot's crew has put the run on such escapist notions. It seems that the warmer temperatures have enabled more surface water to reach that point where ice meets rock at the base of the glaciers. This increase in lubrication, Rignot suspects, has hastened the march of the glaciers to the sea.

"It takes a long time to build and melt an ice sheet, but glaciers can react quickly to temperature changes," said Dr. Rignot. Using what is in effect, a satellite radar gun, Rignot and his colleague, Pannir Kanagaratnam determined that Greenland's massive ice field was speeding.

Using their data to construct a glacier speed map for 2000, then using that map to compare measurements from 1996-2005, the scientists were able to determine changes in glacier velocity over the last decade.

From this they calculated that Greenland's contribution to global sea level rise today is two to three times greater than it was in 1996.

In 1996, Greenland was losing about 100 cubic km per year in mass from its ice sheet. In 2005, this had increased to about 220 cubic km.

To better appreciate the import of this newly discovered fact, you need to get a feel for the size of a kilometre of water cubed, which you can do by pondering this statistic: the city of Los Angeles uses about one cubic km of water per year.

Rignot told his peers at the annual meeting of the American Association for the Advancement of Science that his team's comprehensive analysis suggests that the amount of ice dumped into the Atlantic Ocean has doubled in the last five years.

He projects that if the Greenland ice sheet melted completely, it would raise global sea levels by about 7 m. Of course this is in addition to inputs from the melting of the earth's other great icefields.

We can chart the speed of the global melt by watching the disappearance of cirque and hanging glaciers of the Skeena Valley.

In the end we discover that Armageddon comes at glacial speed with the buildup of atmospheric carbon and the meltdown of icefields.

Not only do we need to adopt the Kyoto Accord, it's critical that we need to pursue emission reduction targets more aggressively and rid ourselves of the blinkered fools who claim such measures are bad for business.

'Idiot fans' throw debris onto ice, each other to end championship

By MARGARET SPEIRS

THE RIVER KINGS finished off the Kal Tire Cup with rip-roaring fights that brought the game to a sudden stop at the arena Feb. 25.

Near the end of a frustrating 8-1 loss to the Ice Demons, tensions boiled over as several players pumelled each other and a shower of plastic pop bottles and other debris rained down from fans in the stands.

Referees called off the remainder of the game with just over three minutes left on the clock.

The brouhaha left at least one family vowing never to return to a Terrace-Kitimat game after pop was thrown on them and to write an angry, anonymous letter to the *Terrace Standard* last week.

River Kings coach Trevor Hendry didn't think much of the fights or the events that led up to them.

"I think it was just that the ref basically lost control of the game," he said.

"Unfortunately those kinds of things happen."

While he doesn't blame the "terrible" ref for the River Kings' loss, he said it was tough for the team to play a pair against the Ice Demons with a Kitimat referee overseeing both games.

"We didn't play good enough to win," he said. "Kitimat is playing well right now and they beat us hands down fair and square."

"Brad [Norwood] played well. It wasn't his fault our team sucked," Hendry said about the Kings' goalie.

He said the fighting

showed the team had heart.

"Hockey fights happen and of course not everybody enjoys that part of it," he said.

Hendry was not impressed with the debris tossed onto the ice by "idiot fans" but doesn't agree with anyone who won't attend future games because of it.

"Once in two years something happens, every other game is great with not really any fights, so, whatever. You don't like it, tough bananas," he said.

"I'm sorry to say that but it's adult hockey, sometimes things happen."

He credits security officials with keeping a lid on the situation.

Head of River Kings' security Frank Nuyens said his staff of 10 was ready.

With a sold-out game and a hot Kitimat-Terrace rivalry, especially among the young fans, he brought out extra security.

"The crowd got a little crazy toward the end with the throwing of bottles and everything else," he said.

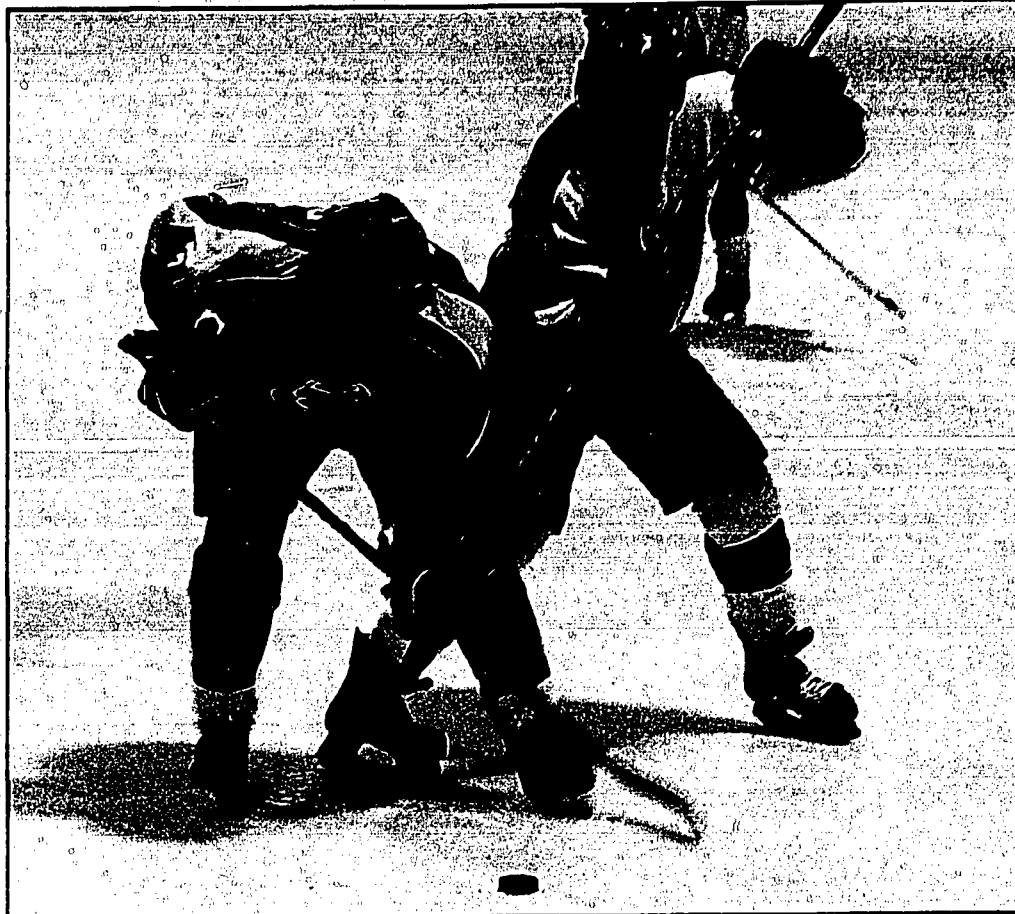
Nuyens said he backed out about 10 feet onto the ice to watch the crowd.

Security needed to ensure a clear path for Kitimat to leave the ice.

"We couldn't stop people from throwing things but we could get on it right away," he said, adding security kicked out several people.

"It could've got really ugly but we were on it as best we could."

With the help of a fan, Nuyens pinpointed the girl who threw a full pop bottle



THE RIVER KINGS fought hard but fell to the Ice Demons in the second game of the best-of-three Kal Tire Cup series here Feb. 25. Terrace suffered an 8-1 beating from Kitimat, who won the championship for the second time. The game ended with several fights and fans tossing debris on the ice. SARAH A. ZIMMERMAN PHOTO

that hit a Kitimat coach

square in the back while he was shaking hands with the Kings after the fights on the ice had ended, and escorted her out of the arena.

"I warned the girl. I said 'you're lucky you're not being charged with assault,'" he said.

"I want people to know that is an option. I don't want teams coming to our arena and being hit in the head with bottles or whatever."

That girl is banned from River Kings games for one

year, he said.

Nuyens said officials are reviewing a security video tape of the crowd in the stands and those who threw things onto the ice will face consequences.

He said that the people in the beer gardens and those who had been drinking, were not necessarily the source of the trouble.

"The fans in the beer garden were great," he said.

Security won't stand for unruly fans when they're constantly turning people

away at the door before sold out games, he said.

That was the worst commotion Nuyens has ever seen and was just plain embarrassing for the River Kings.

If fans continue to throw items onto the ice at games, the other option is to search everyone at the door, shut down the pop machines, and let people drink out of paper cups.

"We don't want to have to do that," Nuyens said.

Despite all the ruckus, no one was injured.

Demons demolish Terrace to hoist Cup

THE RIVER KINGS seek revenge against the Ice Demons this week as they skate onto the ice at the Coy Cup in Kitimat after losing the CIHL championship and Kal Tire Cup to the Demons by a score of 8-1 here Feb. 25.

The game that brought Kitimat its second CIHL championship was called by referee Paul Millar after a series of fights broke out with a little over three minutes left in the game.

With fans raining water bottles, cups and debris everywhere, Millar made the right decision.

For Terrace, it was a disappointing end to a successful second season as the Ice Demons

seemed to skate and score almost at will in the second of the best-of-three CIHL final series after their slow start this season.

Millar's decision to call the game, backed by Houston-based CIHL president Bill Blacklock, appeared to be the only way to stop the mayhem taking place on the ice.

Millar called fighting penalties at the 16:20 mark of the third period. Some players simply seemed to lose composure at the tail end of what had been a hard-hitting and exciting game where the River Kings, short four of their leading players due to various injuries, could not

hold down a streaking Kitimat team.

Just before the game was called, a stick and a helmet were thrown at a Kitimat player from the Terrace bench, and King Troy Kaye swung his stick at the officials while Millar and a linesman were trying to restrain him. Kaye earned a match penalty, which will see him suspended.

Earlier, Terrace's back-up goaltender, Burney Carlsen, wrestled with Demons' Terry Whelan while Kings' Rich Claire scrapped with Demons' Nick Markowski.

Cont'd Page B10

Three Nisga'a teams disqualified from zones

By MARGARET SPEIRS

AN OBSCURE rule left three Nisga'a basketball teams on the bench at zones, inciting one coach to question the motives of the Commissioner who enforced it.

The rule states that teams must hold one play day and participate in two other play days to be eligible for zone playdowns.

Peter Cross, Nisga'a senior girls basketball coach, says he's never seen the rule enforced before and wants to know why he wasn't warned about it earlier in the season rather than on the eve of zones.

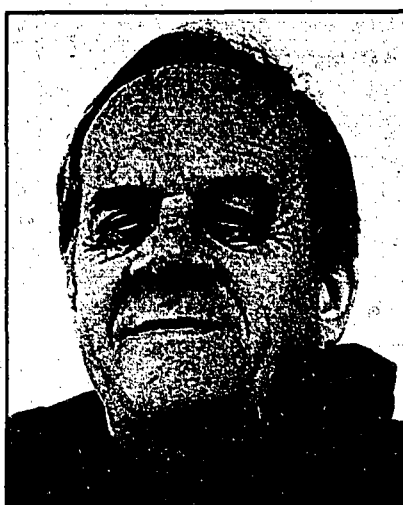
"It's not like they didn't know we hadn't been competing. They hadn't seen us," he says.

Of the Nass Valley's six youth basketball teams, only three were allowed to compete at zones, the other three - Cross's senior high school girls team, the junior boys and Grade 8 boys - were disqualified.

Cross didn't know about the impending disqualification until he received a call from the zone commissioner Feb. 10 telling him his team must compete in another tournament to qualify for zones the following weekend.

At that time, Cross's players were scattered among several teams competing at the All-Native Tournament in Prince Rupert.

He attempted to set up games with Centennial Christian School, the only zone squad available on such short notice, only to have it fall through.



Peter Cross

"We were left with no recourse so we had to fold our tents," he says.

"There was no time for plan B." His team, ranked 10th in B.C., couldn't go to provincials without qualifying at zones, he says.

The disqualification left "about 30 little Nisga'a crying in their soup," he says.

Cross says the tournament director indicated that his team had been ranked number one by others.

"It's like they don't want us. I don't know if it's a native thing. I'd like to think it isn't and it's a competitive thing but how can you expect to get better in a sport without playing better teams?" he says.

"It sucks. It's not fair to the kids. They're already treated like second-class citizens."

He says Nisga'a youth are expected to attend 10 to 15 funerals each year and attend many feasts and

cultural events with their families.

Cross says the Nisga'a teams that qualified for zones were able to schedule their season around the feasts.

It's very difficult to re-schedule around elders' deaths, unless a team has 15 to 20 players, which his team doesn't have.

Ron van Driel, zone commissioner and vice-president of the Northwest athletic zone, says the disqualified Nisga'a teams failed to fulfill their commitment to the zone.

"The idea behind it is you have to show that you're active in your zone," he says.

If a team plays every weekend in Prince George, the other zone teams don't get to see or play that team, he says.

He says he understands the cultural ties the Nisga'a teams have, and understands it's difficult for the Nisga'a teams to qualify for the All-Native Basketball Tournament and play in the village games, but they're also responsible to the Northwest zone, which they don't seem to take as seriously.

Other teams have to see what their competition is like, he says.

"That's the big thing. You don't really know. You hope you do but it's a little bit of a shocker if you think you're going to provincials all year and all of a sudden some team you've never seen all year [takes that away]," he says.

"If you'd known about it earlier you could do things differently."

He says some teams indicated

they had a hard time ranking others because they hadn't played some Nisga'a teams or Houston Christian School.

Houston Christian managed to fulfill the necessary play days to still qualify for zones, but unfortunately the Nisga'a teams couldn't make it, he says.

"They were signed up for two other play days that they backed out of them," he says.

"I heard their reasons and said 'that's fine if you pull out but also understand you have less weekends to do the commitments you pulled out of.'"

"It's not our responsibility to track how teams are doing."

However, van Driel says he's willing to help teams track their games in the future.

At the zone spring meeting in June, he plans to propose a resolution for zone tournament hosts to designate a contact person to collect results and make note of the participating teams to ensure a record is kept as the season progresses.

Currently, there is only a master list of teams scheduled to play.

Van Driel says he's sorry that Cross's team didn't get to play at zones.

"You know I wish his team would have met the requirements. I think they would've done well at provincials but we have our rules and for the teams playing all year, it wouldn't be fair to them," he says.

"You have to play within the rules as everyone else does."

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12 Birthdays	312 Carpentry	524 Commercial Property
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70 Personals

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33 Obituaries

Don Young

Don Young, paramedic, prospector and friend, passed away on February 23, 2006 in Smithers. He had spent the last six months with his friends J and Evelyn Boddy, who supported him through the final stages of lung cancer. Don was born in Croydon, England in 1942. He traveled the world after reading History at Oxford University, and finally settled on Babine Lake near Granisle in the 1970s. Don got into his first profession at the Bell Copper Mine, as a first aid attendant. He continued in the field for the next 25 years, and worked as an ambulance attendant in Granisle for 21 years. At the same time, he pursued a career in prospecting. That work took him around the world, including Yemen in the Middle East and Belize in Central America. He worked as a prospector in northwestern BC from the 1970s until cancer forced him to give it up in 2005. Don was known for his uncompromising intellectual approach to life, an ironic wit and love of fine gin. He had a minimalist approach to the necessities of life and maintained his independence until the end. Don died at the Boddy's with his friends around him. He received wonderful care from the teams at Smithers homecare, palliative care and the cancer clinic at the Bulkley Valley District Hospital. Don is survived by his sister Joan Garvey and niece Jennifer Garvey in Murrells Inlet, South Carolina, nephew Peter Garvey in Leesburg, Virginia, niece Michelle Cristerna in San Francisco and cousin Jenny Kent in Kent, England. Donations in lieu of flowers can be made Bulkley Valley Hospice Society, Box 8, Smithers BC V0J 2N0.

33 Obituaries

Edith Merle Juniper

March 12, 1929 - February 22, 2006

It is with sadness we announce that Merle Juniper passed away peacefully on Feb. 22, 2006 in Terrace, B.C.

She was predeceased by her loving husband of 48 years, Bert. Surviving relatives are son Kenneth Juniper (Bonnie), daughter Kathi Corley (Wayne), granddaughter Kelly Lima (Manuel), grandson Benjamin MacNeill and great-grandsons Jesse and Mateo Lima.

Merle enjoyed sewing and knitting for herself, family and friends and spending time with the people she loved. She and husband Bert travelled extensively and spent most of their married life in Vancouver, B.C.

In lieu of flowers, donations to the R.E.M. Lee Hospital Foundation would be appreciated.

36 Card of Thanks

A SPECIAL THANK YOU

to Drs. DeWit, Strangway, Iqbal & Phillips & all the nurses in the Renal Dialysis Centre for their care & concern for Merle Juniper over the past years.

As well, a Thank You to the B.C. Ambulance paramedics for their timely & professional response to our calls.

We also appreciate the doctors & nurses who tended to Merle in the Emergency Room. The level of medical care in Terrace is second to none & Merle was looked after by the best.

Our deepest thanks.

from Ken & Bonnie Juniper,
Kathi & Wayne Corley,
Kelly & Manuel Lima

Misje Bertrand

I would like to thank Mom's many friends for the visits, flowers, cards, cinnamon buns, carrot cake and the laughs. She was thankful for each of you.

The Farwest crew for her morning visits and the card from the kids on her bus route, she laughed and was proud.

She loved her life, her grandkids, sewing, and her dog 'HENRY'. She spoke of the people who became her friends from the Farmer's Market to the craft fairs.

Cori and Alanna for the homemade prunes and your love, you were bragged up over and over; Dona's messages and your "connection"; Theresa for your forever kindness, and being a good friend for Larry and Sandra; Florence and Bob Kerr for your special care and time with Mom. Your "LIPS" and words were always warm and caring; Cheryl, Matt, Peter, Judy and Dr. Forgie for your kindness, and care at MMH. Daniel, Lawrence (PGH) who always went out of their way to make Mom smile. Thanks Fern (HEMO) and Dr. Bashier for the soft caring words.

Mom, I enjoyed my visit with you. The growing up life skills you taught me, helped me take care of you. You taught me lessons right up to the last minute. Catching the big one, making tents with the grandkids, sewing those last two quilts, picking up Henry's daughter, the things you just couldn't finish. Your body's tired, rest now Mom. We will take care of this for you.

Thank you to each of you from my family -
Sandra, Conal, Brandon and Christina.

3 Announcements

BEST SELLER

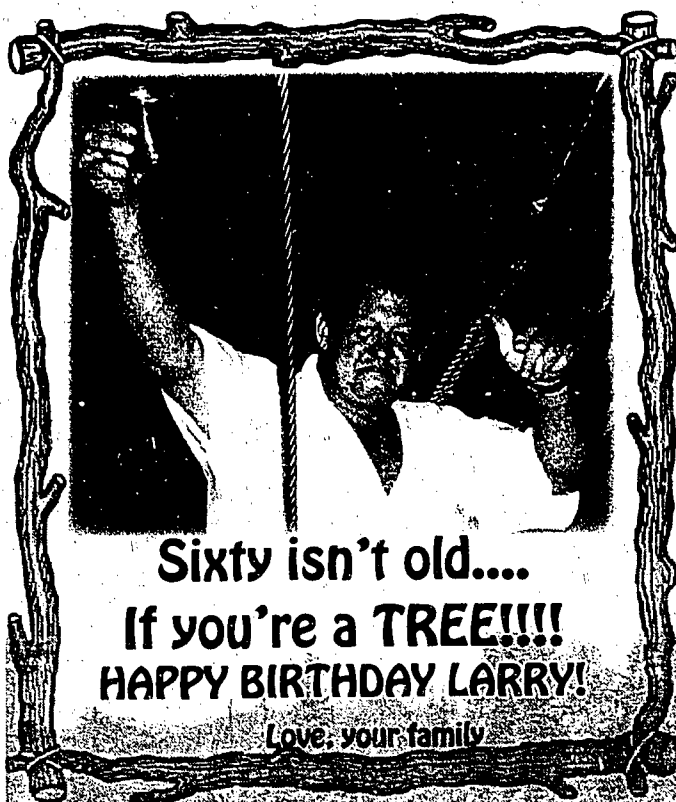
RE/MAX of Terrace congratulates **JOHN EVANS** on being the "Top Producer" for the month of February.



In recognition of this accomplishment, John is pleased to make this month's donation to the Heart & Stroke Foundation.

RE/MAX
Outstanding Agents,
Outstanding Results.

12 Birthdays



Sixty isn't old....
If you're a TREE!!!!
HAPPY BIRTHDAY LARRY!

Love, your family

27 Funeral Directory

MacKay's Funeral Service Ltd.

Serving Terrace, Kitimat, Smithers & Prince Rupert

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since 1946

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24 hour pager

Funeral Service
Association

170 Auctions

AUCTION
SATURDAY, MARCH 11TH @ 10 AM
PREVIEW: MARCH 10TH - 1-7 PM
3031 KOFOED, TERRACE, B.C.

FURNITURE: Dining tables & Chairs, Maytag Dish Washer, Stereo Equipment, New Refrigerator, New Stove, Frig., Antique, Wagon, Toddler Furniture, Computer, Sander, Sofa, Recliner, Washer, Single Bed, Color TV, T.V. Table, Sofa, Bench, Grinder, Large Selection Of Hand Tools, Welder, Compressor, Cement Mixer, Loads of Hand Tools, Industrial Battery Charger, Barbecue Lights, BBQ, Utility Trailers, Riding Lawnmower, Limited Edition Prints, Fine China, Oil Paintings, Figurines, Organ, Stereo, Football Game, Antique Banjo, Leather Bound Mirror, New Adult & Children's T-Shirts, Collectibles, PLUS MUCH, MUCH MORE....
(Subject to additions and deletions)

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Check out our site or call 250-750-1750 for advertising information

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Now Selling Direct!
8 & 12 ml Laminate, 200 choices from.....\$4.99sq/ft
7" unfin or pre fin Fir.....\$9.99sq/ft
3 1/4" Exotic pre fin and Oak pre fin, many choices \$1.99sq/ft
Oak, Maple, Ash engineered.....\$2.99sq/ft
TONS MORE!
1-800-631-3342

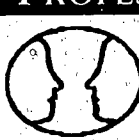
- STYROFOAM INSULATION
2"x4"x2.5" R12.5 \$5.00 each.
- **6x4 NEW WINDOWS**
\$75. each.
Chilliwack location: 604-792-7322 surreynewandused.com
1-877-570-8733.

180 Computers

COMPUTERS FOR sale: 2 IBM 600E laptops \$375 each. Windows XP installed. Seairix Pentium 3, 850 MHz, 384 Ram, CD burner, CD Rom, Windows XP installed c/w 17" monitor \$375; Unique 25" P3, 650 MHz, 384 Ram c/w 15" monitor. David @ 250-615-0414 (10p3)

258 Careers

KELOWNA COLLEGE OF PROFESSIONAL COUNSELLING



You Can Make A Difference Counselling
Adults/Couples/Families/Youth
Other Specialties Available.

1 Year Diploma Program

Call For Next Start Date.
(250) 717-0412

Dr. Libby Stowers Ph.D. ~ Program Director
www.counsellortraining.com

Learn by doing...

PcTIA ACCREDITED

Millwrights

Interested in expanding your skill-base on our state-of-the-art equipment?

Houston

Committed to the highest standards of environmental stewardship, safety and community service, Canfor is one of Canada's largest integrated forest products companies with operations primarily in BC and Alberta. The Houston mill is undergoing a major expansion including the addition of a \$55 million industrial pellet plant/energy system and a 3rd lumber sort line for its Planer mill.

Responsible for the maintenance, repair, installation and modification of all sawmill/planer mill-related equipment, you will apply your IPTQ and several years' experience to maximize uptime, quality and production.

A competitive hourly rate and benefits package will be offered in accordance with the current Steelworkers collective agreement. Houston is a picturesque community nestled in the beautiful Bulkley Valley. With its abundant wildlife, lakes, mountains and forests, Houston is one of BC's most exciting areas for outdoor enthusiasts. Please visit www.houston.ca for more information.

We thank everyone for their interest in Canfor; however, only those selected for an interview will be contacted. Please forward your resumé in confidence by 4:00 pm, March 17, 2006 to:

Canadian Forest Products Ltd. **CANFOR**

Houston

Human Resources Coordinator
PO Box 158
Houston, BC V0J 1Z0
Fax: 250.845.5296
E-mail: barclay.hoskins@canfor.com

www.canfor.com

M2590

258 Careers

OWNER / OPERATOR

Bankers Dispatch Company, BC's fastest growing overnight courier service, is now hiring an owner operator in Terrace. With the growth and expansion of our fast paced environment, we are seeking a hardworking, energetic individual who is a team player to provide professional courier service. Successful applicant must possess excellent customer service, communication skills and supply a newer cargo van.

Please fax or send resume and Driver's abstract to:
BDC Courier Services, 381 McAloney Crescent
Prince George, BC V2K 4L2
1-888-891-1181 Fax (250) 614-9447
Attn: Glen Firman

Become a Psychiatric Nurse in your own community

Psychiatric Nursing Diploma

"We have a serious shortage of nurses, and the problem is going to get bigger ... B.C. now has 2,400 registered psychiatric nurses and the number is diminishing every year as the number of retirements exceed the number of new graduates. There is zero-per-cent unemployment in this profession."

— Donna Higenbottom, Executive-Director & Registrar of the College of Registered Psychiatric Nurses of BC (CRPNBC)

Train Locally — The only program of its kind in BC, our Regional Psychiatric Nursing Diploma program allows students to learn within their local communities via distance education, local clinical placements, and some regional classroom delivery. This 22.5 month program is recognized by the CRPNBC. Program starts May 15.

Government Student Loans & other financial assistance is available to qualified applicants.

Train Locally!

STENBERG COLLEGE
INTERNATIONAL SCHOOL OF NURSING

Tollfree 1-87-STENBERG • www.stenbergcollege.com

270 Help Wanted

LOCAL CONTRACTOR REQUIRES PERSON

20-30 hours weekly starting April 1, 2006. This position may become full time. Position entails:

- Dispatching Servicemen
- Invoice Preparations - Computer Experience Required
- Some Bookkeeping
- Retail Sales

Send resume with handwritten cover letter to:
Manager
P.O. Box 308, Terrace, B.C.

JOB OPPORTUNITY

DAYLU DENA COUNCIL

is seeking applications for the position of

COMMUNITY HEALTH REPRESENTATIVE

Reporting to the Executive Director the Community Health Representative will be responsible for:

Duties and Responsibilities:

- Monitoring and assist elders with health concerns
- To offer health related workshops for the community (AIDS, STD's, first aid)
- To be the community liaison for health transfer issues
- To make referrals as part of the Social Development Team
- To assist community members with personal living situations
- To train and supervise the Homemakers with the Director of Social Development

Position Requirements:

- Knowledge of health issues and concerns
- Basic medical knowledge
- Industrial First Aid or Advanced First Aid and Child First Aid
- CPT - C Level
- Ability to work as part of a team and to work independently
- Helping skills
- Facilitation and programming skills
- Good oral and written communication and presentation skills

This is a Full-Time Permanent Position. Salary is negotiable, dependent upon experience.

Closing date: March 10, 2006 at 4:30 p.m.

Resumes may be submitted to:

Deputy Chief & Council

Daylu Dena Council

P.O. Box 10

Lower Post, B.C. V0C 1W0

Ph: (250) 779-3161 • Fax: (250) 779-3371
E-mail: dayludena@northwestel.net

270 Help Wanted

VOLUNTEER LEADERS
NEEDED...

The Chronic Disease Self-Management Program is recruiting volunteers to lead courses for people with chronic health conditions. The **FREE Leader Training Workshop** will be held in Terrace at the Mills Memorial Hospital, Mar 14-17 /06 from 10 am to 4 pm each day. This program is implemented by the University of Victoria, Centre on Aging To register, contact Terry Cayer - Coordinator, on the toll-free line: 1-866-962-3767 or email tcayer@dccnet.com.

APPLY IN PERSON

You enjoy working with people and are dedicated to top quality service. You are a self-starter with good communication skills, computer knowledge, and experience in furniture sales will be an asset.

**TOTEM
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& APPLIANCE**

Apply in person or call
Sean for an appointment
today.

DOWNTOWN TERRACE
4501 Lakelse Avenue • 250-638-1158

TDCSS

CHOICES COMMUNITY
LIVING PROGRAM

is looking for

Casual/On-Call Employees

Applicants must be 19 years of age

If you are interested in working with people who are developmentally delayed, you **MUST BE AVAILABLE TO WORK WEEKENDS AND VARIOUS SHIFTS** and have a valid Class 5 prior to employment.

All successful applicants will need to obtain a TB Test & Tetanus Shot and submit two Criminal Record Checks. Once employed you will be able to obtain a Level 1 Adult Care First Aid Ticket and a Class 4 Driver's License.

We support cultural diversity.
Extensive in-service training provided.

Please pick up an application form at the **Choices Community Living Program's Office at 4916 Lazelle Avenue, Terrace, B.C.** For more information, call the Choices' Office at 635-7863.

Thanks to all those who apply, however, only those considered for an interview will be contacted.

JOB OPPORTUNITY

DAYLU DENA COUNCIL

is seeking applications for the position of

COMMUNITY EDUCATION
LIAISON COORDINATOR (CELC)

Reporting to the Executive Director, the CELC will be responsible for the overall planning, coordination and implementation of activities to promote and foster a positive Home/School relationship and success of Daylu Dena Council students in the educational system. The Coordinator is expected to provide services to Lower Post students that will assist them in making their school experience more meaningful.

Position Requirements:

- Understanding and knowledge of educational system and requirements
- Able to liaise with various agencies, institutions and governments
- Knowledge of personal, educational and career counseling
- Good planning and organizational skills
- Possess good communication skills
- Experienced proposal writing
- Possess patience and understanding
- Enjoy working with people
- Computer literate
- Class 5 driver's license

Closing date: March 10, 2006 at 4:30 p.m.

Resumes may be submitted to:

Deputy Chief & Council

Daylu Dena Council

P.O. Box 10

Lower Post, B.C. V0C 1W0

Ph: (250) 779-3161 • Fax: (250) 779-3371
E-mail: dayludena@northwestel.net

270 Help Wanted

REQUIRED IMMEDIATELY

Thornhill Motors is requiring a

BUSINESS OFFICE ASSISTANT

A high energy, self-motivated individual with strong interpersonal skills and a great attitude required.

DUTIES INCLUDE: Customer follow-up, preparing finance and lease contracts, obtain and submit credit applications, computer skills including Microsoft Word, Excel and internet related programs plus various other duties.

Please apply in person. Attention: Brent DeJong

Thornhill Motors

Highway 16E, Terrace • 250-635-7286

Sales Representative

Are you looking for a new career with unlimited opportunity for income advancement? Would you like to be recognized as a professional salesperson in one of B.C.'s leading automotive dealerships?

If so, our salespeople earn an excellent income and enjoy the benefits working with a successful and progressive dealership.

If you're currently a professional in auto sales or if you want a career change and you want the opportunity to work in an environment that is essential to long-term success- we'd like to hear from you.

Please send resumes to:

Sales Manager
P.O. Box 478, Houston, B.C. V0J 1Z0
Fax: 250 845 2524 • Ph. 250 845 2244
Toll Free 1 800 665 3151

SULLIVAN

Motor Products Ltd.

180 Computers

NW COMPUTER Recycling & Service. Sales of refurbished computers. Sales of used computer parts. Servicing of computers. David @ 250-615-0414 (8p3)

185 Consignments

CONSIGN YOUR ? RV, Truck, boat, trailer, cars, etc. At your Consignment Co. Visit our website: www.unitedconcepts.ca. 250-561-8773 (7p3)

205 Furniture

FOR SALE Queen size mattress & boxspring. \$175. Call Rod 250-638-8927

220 Miscellaneous

Flooring Distributor

Now Selling Direct!

8 & 12 ml Laminate, 200 choices from.....\$49sq/ft
7" unfin or pre fin Fir\$99sq/ft
3 1/4" Exotic pre fin and Oak pre fin, many choices \$1.99sq/ft
Oak, Maple, Ash engi-
neered.....\$2.99sq/ft

TONS MORE!

1-800-631-3342

VANCOUVER TICKET

SERVICE

Located in the Hampton Inn Hotel. Concerts and Sports. Canucks, Brooks & Dunn, Aerosmith, Korn, Queen & Paul Rogers, INXS, Franz Ferdinand. Hotel accom avail. 1-800-920-0887.

COUCH AND Swivel rocking chair. \$100 OBO. Freezer, medium size \$100 OBO. 250-635-2535 (10p3)

230 Sporting

Goods

LADIES SNOWBOARD Boots. Airwalk. Size 6. Like new. \$20. 250-638-8015 (8p3)

254 Business

Opportunities

BE COACHED to wealth for FREE! Multiple sources of income. Serious entrepreneurs only. No joke. Call 250-951-2523.

NET UP to \$2800 per month - no selling. Secure, proven cash flow. Minimum investment \$16,800. Free info 1-800-321-6126.

SIX FIGURE INCOME FROM HOME. Very Simply/proven business model. No cold calling/inventory, not MLM. Free info. Best ROI. www.NextStep-Freedom.com

For sale: Snap On Tool truck franchise in Shuswap area. High yearly sales with terrific growth potential. Interested parties please call 250-838-0407 for details.

EARN UP to \$80K with your own food business. www.rip-teesranch.com and click on bus. opp. or call us at 1-604-636-8002 Ext. 217, 1-877-738-3287 (10p3)

MONEY - TIME - FREEDOM. Calling all sales pros! If you're not making 2-5K/wk, we need to talk. 800-921-3755 ext. 17 (10p1)

TEST DRIVE

Unique opportunity to own and operate a 2006 Pete with zero down. You must have a minimum ONE YEAR flat deck highway experience able and willing to run CANADA / USA and possess good references.

Rick or Andie (800)663-0099

NORCO SEPTIC
SERVICES LTD.

Well established vacuum truck business for sale 30+ years same ownership. Three tandem trucks, one single axle.

Call Doug (evenings) at

250-638-8439

258 Careers

MARKETING ASSOCIATE Needed. Unlimited income potential. Complete training. Jeanine, Independent Associate. 250-493-8339 www.prepaidlegal.com/hub/kowall

WANTED: Top Automotive salesperson that wants to step up to the next level and become a Desk/Assistant Sales Manager. Call (250) 488-7431.

VICTORIA. Seeking Professionals to share space. Fully equipped physiotherapy clinic with gym available for self-starting health practitioners (Kinesiologist/Fitness Instructor, Chiropractors, Massage Therapists, etc) with credentials. Serious inquiries only: greenpeace97@shaw.ca

PRODUCT DEVELOPMENT ENGINEER Required F/T for a Salmon Arm based co. Apply on line at: www.techbrew.com or call 1-250-833-5647.

CHAPMAN MECHANICAL seeking Journeyman, Experienced apprentice plumbers/sheetmetal workers. Commercial/multi-residential OK/Shuswap. Competitive wages, benefits. Leader 26 yrs in industry. Email: admin@chapmanmechanical.ca Fax: 250-545-4711.

266 Education

Excavator Operator Training Programs. 4, 5, and 6 week Programs. Advanced Class One Driver Training. **Jobs Waiting Now.** Taylor Pro Training Ltd. 250-860-7624. Toll free 1-877-860-7624.

ADVANCED CLASS One Driver Training Programs. **Jobs Waiting.** Taylor Pro Training Ltd. 250-860-7624 or Toll Free 1-877-860-7624. Ask About our Heavy Equipment Operators Training classes. www.taylorprodriving.com



CITY OF TERRACE

VACANCY

CONSTRUCTION MAINTENANCE ATTENDANT II

TEMPORARY FULL-TIME (2 to 3 Months Duration)

The City of Terrace has a vacancy for a mature, highly motivated individual to fill the temporary full-time position of Construction Maintenance Attendant II for a period of 2 - 3 months. This position primarily involves inspecting and maintaining the plumbing, ventilation, heating, mechanical and electrical systems in City buildings, and miscellaneous carpentry work, concrete work, and joinery work.

The City is seeking candidates with the following:

- secondary school graduation;
- minimum of three years' related experience;
- Journeyman Trades Qualification in a related field, or two years' Technical School;
- ability to interpret blueprints, drawings, specifications, standards and regulations;
- knowledge of the B.C. Building Code and other relevant legislation;
- a valid Class 5 B.C. Driver's Licence.

This is a Union position (CUPE Local 2012) with a 40 hour work week.

Resumes, complete with a current driver's abstract, will be received no later than 4:30 p.m., Wednesday, March 15, 2006. Forward applications to Heather Nunn, Personnel Department, City of Terrace, 3215 Eby Street, Terrace, B.C. V8G 2X8 Tel. (250) 638-4724, Fax (250) 638-4777 (or e-mail to hunn@city.terrace.bc.ca)



CITY OF TERRACE

VACANCY

RECREATION ATTENDANT III

The City of Terrace has a vacancy for a mature, highly motivated individual to fill the position of Recreation Attendant I or II, depending on qualifications. This position primarily involves performing various tasks relating to the operation of the Arena and the maintenance of playgrounds, parks, and playing fields.

The City is seeking candidates with the following:

- secondary school graduation;
- minimum of two years' related experience in ice making, janitorial and facilities maintenance;
- B.C. Refrigeration Operator's Certificate;
- a valid Class 5 B.C. Driver's Licence;
- good physical condition and able to perform heavy manual labour;
- good working knowledge of WCB Regulations, as it pertains to the work involved.

This is a Union position (CUPE Local 2012) with a 40 hour work week.

Resumes, complete with a current driver's abstract, will be received no later than 4:30 p.m., Wednesday, March 15, 2006. Forward applications to Heather Nunn, Personnel Department, City of Terrace, 3215 Eby Street, Terrace, B.C. V8G 2X8 Tel. (250) 638-4724, Fax (250) 638-4777 (or e-mail to hunn@city.terrace.bc.ca)



Gitxsan Child & Family

Services Society

Social Worker

(Full-Time)

The Gitxsan Child & Family Services Society in Hazelton, B.C. is seeking to fill the position of Social Worker immediately. The Social Worker will provide support to families in crisis or with high risk or special needs children. Using clinical and interpersonal skills as well as good case management systems, the social worker will provide a variety of services, including monitoring, preventative services and referrals to appropriate resources to assist with the preservation of the family unit.

Qualifications: BSW or MSW; or BA Child and Youth Care; or M.Ed. Counselling/MA Clinical Psychology having completed a practicum in family and child welfare. Police record review required. Must have a valid BC driver's licence, a current and clean driver's abstract and current police and criminal record review required. May be required to use personal vehicle for business. Knowledge of Gitxsan systems would be an asset.

Pursuant to Section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry.

For complete details of the responsibilities and qualifications for this position, please contact the GCFSS (250)842-2258 or fax (250)842-2481.

Please submit your resume and cover letter to the attention of:

Sandra Crawford, Acting Team Leader
Gitxsan Child and Family Services Society
P.O. Box 333,
Hazelton, B.C. V0J 1Y0

The deadline for receipt of applications is 4:00 p.m. on **March 13, 2006.**

270 Help Wanted

INTERNATIONAL TRUCK dealerships in Kelowna and Penticton are looking for licensed or experienced commercial transport technicians. Top wages and benefits. Very stable and long term employment to the right person. Contact Darrell at darrell@cooksonmotors.com or fax 250-763-7702.

LOG TRUCK DRIVERS LOG TRUCK OWNERS

Premium tonne/hour rate. Good benefits package. References and Driving Record are required. Winter 05/06. Jared Gulbranson, **Gulbranson Logging Ltd.**, 1475 Hwy 16 East, PO Box 665, Vanderhoof, BC V0J 3A0 Voice: 250-567-4505 or 250-567-5446. Fax: 250-567-9232. e-mail: gulbrans@telus.net

WESTLINE FORD.....INTERIOR BC Dealer. Job Openings. Parts Manager, Sales Consultant. Send resume to Harvey Derksen, PO Box 1280, Vanderhoof, BC V0J 3A0. h-derkse@westlineford.dealeremail.com

HUMAN RESOURCE Manager required for Contact Center Okanagan Valley - Vernon. www.suth.com vernon_recruiting@suth.com

EXPERIENCED LOG builder required in Lumby, B.C. Call Kevin at 250-550-6719.

OWNER/OPERATORS **AVG. \$1.89/mi.** pulling company trailer, **AVG. \$2.07/mi.** with own trailer, Class-1 longhaul flatdeck USA/CAN from BC or AB. **\$3000 Hiring Bonus.** Rick 1-800-663-0099.

REQUIRED IMMEDIATELY: Journeyman/Heavy Duty Mechanic-Hydraulics Excavator experience an asset. Apprentice-Mechanic. Mechanic helper. Painter helper/apprentice. Steady fulltime work. Benefits. Fax: (250)493-8819. Email Dave@prequip.com Mail: 1698 Dartmouth Rd, Penticton, BC V2A 4B8

270 Help Wanted

JOURNEYMAN TECHNICIAN required for rapidly growing Chrysler/Dodge automotive dealership in Salmon Arm. Proven producer is a must. Knowledge of engine diagnostics and transmission diagnostics and repair would be a definite asset. Top wages, and excellent benefits package available to the right individual. Please contact the Service Manager @ 250-832-8053 or fax resume to 250-832-4545 Attention: Service Manager.

WANTED EXPERIENCED processor Operator. Fax resumes 250-558-6145.

Scotch Creek (Shuswap Lake) Super Valu & Esso accepting resumes for FT/PT positions: Bakery • Deli • Cashier • Produce • Meat Department • Janitorial • Gas Station Attendant. Fax resumes: 250-955-2132.

WANTED: PARTS Department Person for busy Ford Dealership in South Okanagan. Fax Resume Attn: Parts Mgr. (250) 492-2528.

Food Safe Level 1

Date: Thursday, March 16, 2006

Location: Terrace Curling Club

Time: 8:30am-5:30 pm

Cost: \$90.00 +GST (Includes workbook and certificate fee) (Goodies provided by Donna's Kitchen)

To register: Call: 250-846-9313 or 1-866-772-7792 email: dr@bulkley.net

Please Note: This course is not offered through NWCC

270 Help Wanted

FRAMERS for multi-family projects. Apprentices to foremen. Also need concrete formwork specialists, the more experience the better. Send contact info and references to NexBuild fax 250-573-2104.

SALES MANAGERS. National Company seeks sales professionals. Positions available throughout BC. Direct, marketing an asset. Computer Experience necessary. Minimum 2 years experience required. Must be able to lead sales team and manage branch offices. Excellent remuneration and travel packages offered. Mail confidential resume to BC Human Resources, #202-921A Laval Crescent, Kamloops, BC V2C 5P4 - Job 80338.

WELL ESTABLISHED home improvement company seeking experienced siding installers for contract work in Prince George area. Competitive rates. Year round employment. Fax resumes to: 250-562-4951.

Large and Growing North Okanagan Building Centre is looking for the following 6 experienced people:

- Flooring Sales
- Fireplace Sales
- Fireplace Installer
- Kitchen Cabinet Design/Sales
- Window & Door Sales
- Lumber & Building Supplies Sales

Please reply to Box #22, c/o The Morning Star, 4407-25th Ave., Vernon, B.C. V1T 1P5.

We are looking for a hard working Class One driver to do Super Train flatdeck work within BC & Alberta. Above average wage, tarping extra, benefits. Specified units. Home most weekends. 1-800-760-1420 7am-5pm. Mon-Fri. After hours call 1-250-682-0311.

Family Chain Restaurant in Salmon Arm looking for line cooks. Breakfast, Lunch, Dinner. Wages negotiable. Fax resume: 1-250-832-9971 or phone Home Restaurant 1-250-832-9991. Ask for Bruce.

Treaty Negotiator Requirements: Bachelor's Degree in Law, Political Science, 5 Years related discipline or related experience. For detailed job description: Soda Creek Band, Email: treatyassist@xatsull.com or www.xatsull.com Closes March 10, 2006.

TORBRAM ELECTRIC SUPPLY has an opening for an outside sales person at our Courtenay Branch. If you are interested please forward your resume to bhoofman@tes.ca or fax to 250-338-6356.

GOURMET HOUSE restaurant is looking for experienced full/part time waitresses. Drop resumes off at: 4554 Greig Ave., Terrace. No phone calls please. (7p3)

MYSTERY SHOPPERS wanted!!! Get paid to shop. Assignments available in Terrace. Apply online at www.spotcheckservices.com (10p3)

HELP WANTED. Hair stylist, 3 years or more experience. Drop resume at Angelica's. Must have licence. 4621 3 Lakelse Avenue, Terrace. (10p3)

270 Help Wanted

LOCAL MOTEL is looking for chambermaid/desk clerk. This person should be mature, reliable and hard working and able to work unsupervised. Experience an asset, but not necessary. Apply in person with a resume to 3867 Highway 16 E. No phone inquiries please. (10c3)

LOCAL MOTEL now hiring part-time chambermaid. May include other duties. Do not apply if looking for full time work. Drop off resume after 3 p.m. Wild Duck Motel & RV Park. 5405 Hwy 16 W. (8p3)

MASTER SWEEPER Parking lot maintenance now hiring. Call today 250-615-8638 (9c3)

MOUNT LAYTON Hot Springs Resort is gearing up for the Summer Season. We are looking for all Departments, Kitchen Cooks, House Keeping Staff, Front Desk Clerks, and Bartender/Servers, Life Guards and Part Time/Full Time Farm hands. Please Fax or e-mail your resume to Minette Bay 1-250-632-5911 or email minette2@telus.net. (8c3)

PART-TIME Field Merchandiser. Trends International is looking for a professional, polished, friendly, outgoing, individual, with excellent work ethic. Must have good computer knowledge (Excel, Word & e-mail). Must have reliable vehicle. Territory is Terrace, Pr. Rupert & Smithers. Apply to Tammy Martin tamtam55@telus.net (10p3)

RN'S AND LPN'S required for in-home care of child with medical needs in Fort St. James. Training provided. Wages as per collective agreement. Contact Leanne @ Resource-Ability 1866-763-6624 ext. 104 (10p2)

SILVICULTURE SURVEYOR needed for small forestry business in Smithers. Good wages, work conditions and minimal camp work. Preference given/pay relative to experience, certification, knowledge of survey wizard. 250-847-9055, getundone@telus.net (8p3)

WELCOME WAGON has a commissioned position available. Successful candidate must have use of a car and computer, good organizational skills, flexible hours and be team oriented. Sales experience an asset. Email: kenmar5@telus.net

INLAND KENWORTH / PARKER PACIFIC, 865 Notre Dame Dr., Kamloops, BC V2C 5N8. Requires immediately a qualified Heavy Duty Truck Parts person and a Parts Road Sales person. Top wages, excellent benefits. Contact Steve Hoare, Fax 250-374-1234 or e-mail: shorae@inlandkwbc.com

328 Finance/Mortgage

GET BACK ON TRACK! Bad Credit? Bills? Unemployed? Need Money? We Lend! If you own your own home you qualify. 1-877-987-1420. www.pioneerwest.com Member of the Better Business Bureau.

290 Work Wanted

MASTER SWEEPER "Parking Lot Maintenance" **SPRING SWEEPING & LINE PAINTING PACKAGE**

- Parking Lot Sweeping & Detailing
- Line Painting & Stencils

Receive An Additional 10% Discount

Services Offered:

- Parking Lot Sweeping & Detailing
- Line Painting & Stencils
- Pressure Washing
- Residential Driveway Sealing
- Lawn Care & Landscaping
- Building Maintenance
- Property Management
- Monthly/Yearly Contracts Available
- Dust Controlled Sweeping Equipment

MASTER SWEEPER "Your Parking Lot Keeper" Call Ed at: 615-8638

350 Painting

3 ROOMS \$299. (Not including ceilings & trim) quality work. Excellent references. 15 years experience, seniors discount, free estimates. Call 250-638-1935 (5p3)

SMART PAINTING Experienced painting contractor will paint. Winter & Spring interior, residential and commercial painting. 10% paint discount from supplier. Seniors 15% labor discount. Professional quality work. Reasonable rates. Free estimates. References available. Call Karl. 250-615-0199 (8p3)

364 Travel

HOLIDAY HOME Exchange? Our West side Vancouver home for yours on Stuart lake or other lakeshore. 2 weeks in late August/Sept. 2006. algen@shaw.ca (10p1)

366 Trucking

MOVING? Long hauls or short destinations. Household furniture only. Call 635-7177 or 1-800-638-0530. Guaranteed lowest rates. (ctfn)

404 Apartments

2 BEDROOM appliances, clean, quiet, no pets, available immediately, on site manager, close to hospital, \$500/month. 250-635-0662 (9p3)

Thornhill. Rent \$275/month and \$325/month. Not including utilities. Phone 250-635-7025 (8p3)

2 BEDROOM in Thornhill. H/W floors, close to bus, small pets welcome. \$400/month. Call Ann 250-635-2252 (5p3)

APARTMENTS - TERRACE NEWLY RENOVATED 2 Bedroom Apts \$450 per month

- Free hot water/recreation
- Close to schools and Walmart
- Security entrance • No pets
- Clean, quiet • References required

250-635-9040 or 250-638-8435

322 Education/Tutoring

Continuing EDUCATION

Cashier Training

Mar 14-15 \$100
Mar/Wed 6:30-9:30pm

Simply Accounting Level 1

Mar 14-28 \$199
Tue/Thu 6:30-9:30pm
(Limited seats available)

CPR Level "C"

Mar 18 or 25 \$74
Sat 9:00-4:00pm

Traffic Control Flagging

Mar 18-19 \$209
Sat/Sun 8:30-5:30pm

OFA Level 1

Mar 19 \$100
Sun 8:30-4:30pm

Digital Cameras

Mar 20-22 \$100
Mon/Wed 6:30-9:30pm

PITS Chainsaw Safety

Mar 19-20 \$725
Sun/Mon 8:30-5:30pm

Airbrakes

Mar 21-26 \$220
Tue-Fri 6:30-9:30pm
Sat 8:00-4:00pm

JIBC - Resolving Conflict in the Workplace

Mar 22-24 \$575
Wed-Fri 8:30-4:30pm

Bear Aware

Mar 25 \$39
Sat 9:00-12:00pm

Superhost: Fundamentals

Mar 25 \$79
Sat 8:30-5:30pm

H.S. Alive

Mar 28 \$250
Tue 8:30-5:30pm

PowerPoint Level 1

Apr 3-12 \$169
Mon/Wed 6:30-9:30pm

*Required course for employment in the Oil & Gas Industry

Seats are filling fast...

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CALL 635-6511 TO REGISTER

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www.nwcc.bc.ca

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- Lawn Care & Landscaping
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- Building Maintenance
- Property Management

"Your Parking Lot Keeper"

Call Ed at: 615-8638

And now abideth faith, hope, charity, these three; but the greatest of these is charity.

1 COR 13:13

Frank Donahue

Employee Benefit Broker

250-635-6095 Fax 250-635-6532

NO MEMBERSHIP REQUIRED

UNDER CONSTRUCTION

LYNDA GORDON formerly of Hairwaves

would like to welcome her past clients to her new location...

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End the year with a new do and welcome the New Year with style!

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Terrace & District Business Directory

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404 Apartments

2 BEDROOM, F/S, W/D Hook-up, non-smoker, couple or single person. \$500. Available Mar. 1. Close to downtown. 250-635-7567 after 3 p.m. (8p3)

ONE AND two bedroom units in ONE, TWO and three bedroom apartments for rent. \$400 \$475, \$550 Hot water included. Security on premises. Please call 250-635-6428 or 250-615-0345 (4cctfn)

QUIET & CLEAN 2 bedroom ground level apartment. Available immediately. No pets. Electric heat/laundry facilities. Close to Walmart. References and security deposit required. \$475/mo. Phone 250-635-1126 (9p3)

TWO BEDROOM ground level apartment located on Pine Ave. close to schools. Bus stop, no pets, reference required. Available March 1. 250-635-3583 (8p3)

PARK & CLINTON MANOR APTS.

Unfurnished and partially furnished apts. Bachelor units, one bedroom and two bedroom. Beside swimming pool. One of the best maintained apts. in town. No pets. REFERENCES REQUIRED. Please phone call: 615-7543 or 635-3475

HUNTINGTON APARTMENTS

Taking Applications Now for 1 & 2 Bedroom suites

- Clean, quiet renovated suites
- Ample parking
- Laundry facilities
- Close to schools & downtown
- On bus route
- On site management
- No pets
- References required

To view call 638-1748

Summit Square Apartments

1 & 2 Bedroom Units

- Quiet & Clean
- No Pets
- Close to Wal-Mart
- Laundry Facilities
- Close to Schools & Hospital
- On Bus Route
- Security Entrance
- On site Building Manager
- Basketball, Volleyball & Racquetball Courts
- 24hr Video Surveillance

SENIOR CITIZENS WELCOME Ask for Monica Warner

Call: 635-4478

408 Bachelor Suite

BACHELOR SUITE for rent close to town. No pets. Damage deposit/references required. Available immediately. 250-638-8874. \$425/month including utilities. (8p3)

412 Basement Suite

1 BEDROOM Suite in newer home (Thornhill). F/S, W/D, covered parking, ground entrance on quiet street near golf course, utilities included. No pets, non smoker. \$475/mo. \$250 damage deposit. Available immediately. 250-638-0381. Leave message. (10p3)

CLEAN ONE bedroom basement suite, near college. Includes F/S, W/D, and satellite. N/S \$475/month. Available April 1. 250-635-1714 (8p3)

FOR RENT 1 bedroom basement suite. W/D, utilities included, fireplace, non smoking \$490. Available April 1. 250-635-3756 or 250-615-2532 (10p3)

TWO BEDROOM basement and three bedroom upper suite in Thornhill. Close to schools, laundry facilities on premises, no pets. \$350.00 per month and \$500.00 per month. Phone Brent 250-631-9593 (48cctfn)

416 Cabins/Cottages

TWO BEDROOM cottage at Lakelse Lake waterfront. \$500 plus utilities. Partially furnished. Beautiful setting. No laundry facilities, on site landlords. Year round use. Available immediately. 250-798-2201 (10p33)

420 Commercial

4,500 SQ. Ft. warehouse for rent. Reasonable rent. Phone 250-635-7602 (45CTFN)

OFFICE & RETAIL SPACE

4644 Lazelle Avenue

MAIN FLOOR

524 ft² - reception & 3 offices

600 ft² - reception & 2 offices & staff room

1000 ft² - will divide space to suit

SECOND FLOOR

256 ft² - one office

956 ft² - one big office & 3 offices

250-615-7543 or 635-3475

424 Condos

NEAR NEW 3 bedroom condo, 2 bath, carpet, f/s, w/d, front & back yard, available immediately. 250-638-1053 or 250-635-2932 (9p3)

428 Duplex/Fourplex

1 BEDROOM duplex in Thornhill, F/S, W/D, Available immediately, no pets, \$450 plus damage deposit. 250-635-6011 (8p3)

1 BEDROOM Duplex. Clean. Close to downtown. Fridge/stove. Reference required. Phone 250-635-5587 (9p3)

420 Commercial

FOR LEASE

COMMERCIAL LOCATIONS DOWNTOWN TERRACE

11,600 sq. ft. Sales/Warehouse, 6,000 sq. ft. Includes 5,600 sq. ft. Cold storage & large fenced compound

1,735 sq. ft. Sales/Warehouse 2905 Kenney Street

7,450 sq. ft. Warehouse 4820 Hwy 16 West

5,000 sq. ft. Retail Space 4818 Hwy. 16 West

900 sq. ft. Office/Sales 4624A Greig Ave (Ground Level Store Front Downtown)

PROGRESSIVE VENTURES

General Contractor/Developer

635-7459

David McKeown: david@pvlgroup.com

270 Help Wanted

Part-time possibly leading to full-time

SALES POSITION AVAILABLE

This position requires weekend work hours and the right individual will have a keen sense of electronics and computers. If you are looking to grow in this field, apply in person with resume to:

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CITY FURNITURE

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PART-TIME VOCATIONAL COACH

in our Terrace location (2 days/week to start). This position requires an experienced vocational rehabilitation professional to carry out client services for our EPPD and Pre-Employment services. Duties include overall client caseload management, workshop facilitation, employer relations and the development of comprehensive, individualized client service plans.

Please visit www.wcginternational.com for further details. Applications must be submitted no later than March 10th via email to hr@wgcinternational.com.

428 Duplex/ Fourplex

2 BEDROOM duplex, f/s & hook-ups for w/d. Newly painted and new carpets. 3911 Paquette, \$450/month. 250-638-1702 (8p3)

3 BEDROOM Duplex, available immediately. Electric heat, W/D hookup, patio, large yard, south-side on bus route. \$550. References required. 250-638-1691 (9p3)

DUPLEX BIG 2 bedroom. Hydro, satellite, separate driveway, storage, washer/dryer, close to schools, shopping, must be seen to appreciate. \$650/month 250-615-0244 (9p3)

FOR RENT 3 bedroom, side by side duplex, 2 bath, finished basement, recently renovated, hardwood floors, ceramic tile. All in new condition. Good reference a must. Upper Thornhill Available Mar. 15. 250-635-3756 or 250-615-2532. (8p3)

ONE BEDROOM furnished, light and clean, \$360/month. 2 bedroom, \$400/month Thornhill 250-635-7623 (8p3)

RESPONSIBLE LANDLORD seeks responsible tenants! Modern, large side x side duplex, 3 bedrooms 1 + 1 1/2 baths, carport, W/D hookup, F/S, near shops/schools. \$700 250-638-0967 (e-photos available) (8p3)

TWO BEDROOM DUPLEX, IN THORNHILL. F/S INCLUDED. N/P. \$375 FOR 1-2 PERSONS ONLY. SECURITY DEPOSIT REQUIRED. CALL 250-638-7727 (8p3)

440 Houses

1 BEDROOM with den in Horse-shoe. \$480, utilities included. Available immediately. Call 250-638-8412 or 250-615-0024 (10p3)

3 BEDROOM F/S, W/D, 1 1/2 bath, 4600 Scott. Available immediately. \$600/month 250-635-5348 (10p3)

3 BEDROOM upper within walking distance to school & town. At 4644 Walsh, \$750. utilities & w/d included. No pets, good reference required. Please call after 5:00 250-638-1367 (8p3)

BEAUTIFUL MODERN house in a great location, ideal for a young professional family, 3 bedroom, 1 bath, with appliances, new hardwood flooring throughout, large master bedroom, kitchen, livingroom, 2 delightful rooms for kids and office. \$850/month, available April 1st. Feel free to call for viewing 250-635-0215 (9p3)

TWO BEDROOM house. Large yard, 5 appliances, all new. In Thornhill, close to schools. \$550/mo. Phone Rob 250-635-5652, cell 250-631-9096 (8p3)

448 Mobile Homes
2 BEDROOM Mobile home W/D, \$400/mo. Located in Skeena Valley Trailer Park, Thornhill. 250-635-1998 (10p30)

CRIME STOPPERS 635-TIPS

448 Mobile Homes

ONE BEDROOM trailer, dry-wall, vinyl siding, new windows, w/d. Quiet park in Thornhill. No parties, no pets., reference required. \$300. per month. Call 250-638-0008 for appointment (8p3)

3 BEDROOM trailer with addition on half acre lot in Copper Mountain Subdivision. Newly renovated. \$550/month. 780-882-8686 (7p3)

456 Rooms

ONE BEDROOM for gentleman. With kitchen facilities. Available immediately. 250-635-5893 (9p3)

468 Shared Accommodation

LARGE HOME in Thornhill, includes all amenities, internet, computer, hottub. Single parent welcome. Available immediately. 250-635-7785 (8p3)

476 Suites

AVAILABLE IMMEDIATELY. 1 bedroom suite, close to town, large are, utilities included. 250-635-3284, 250-638-3131, cell 250-631-8361 (10p3)

TEN MINUTES to downtown centre, clean cozy, quiet, 1 bedroom. Fridge, stove, washer, dryer, utilities included. Star Choice available. Available immediately. To view phone 250-635-6141 (9p3)

484 Townhouses

TOWNHOUSE, MODERN. Large, impeccably clean, 2 extra large bedrooms with huge closets, oak and tile gourmet kitchen, 2 bathrooms, computer office area, 3 appliances, washer dryer hookup, loads of storage, efficient to heat, quiet tenants in well-managed complex. \$690 250-638-0661 (8p3)

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From \$99/m (non-renovated)
All units are 3 levels w/bsmt.
In-suite laundry available, small pet ok.

2 bedroom/3 bedroom w/2 bath
From \$425/m (discounts available)
Call Larry @ 250 632-4411

506 Acreages/Lots

(TEXAS USA Best Buy) Prime 20 acre ranchettes best of the west! \$595 per acre \$150 monthly. Stake your claim before price increase. Call 800-875-6568 (8p3)

EXCEPTIONAL VALLEY VIEWS! WHISPER RIDGE Thompson - Okanagan CHBA Gold Environment Award for this project. Beautifully treed 1.3 acre homesites. All services underground, paved roads. 160 Acre private park (The Ranchlands). 8 Miles to Vernon, 40 min. to Silver Star Mountain. Homesites from \$135,500. www.whisperridge.com 250-545-5472 1-800-493-6133

518 Commercial Businesses

OPPORTUNITY KNOCKS Well established neighbourhood pub in Dease Lake, B.C. Features 10 uni motel, commercial kitchen, 160 seats plus patio. \$750,000. 250-771-4233/3361 (8p3)

524 Commercial Property

Landlord's dream. No vacancies. Tenants pay utilities. 24 Suites Apartment building, 3 story's, elevator, balconies. 100 Mile House. Gross \$138,000. Expenses \$53,000. John Wette 250-752-8418. Multiple Rity.

530 Condos

THREE BEDROOM condo, 1 1/2 bath, 5 appliances, fenced back yard, shed, 4714 Davis, excellent condition, \$90,000.00 For appointment to view, please call 250-635-3908. (9p3)

554 Houses

10 YEAR old 3 bedroom home on large fully fenced lot. Master bedroom features a 2 pc. ensuite & walk-in closet. Enjoy the large deck in a very private backyard with a firepit & a workshop for the handyman. Seller will paint, so make an offer now & choose your own colours. 3821 Dobbie St. \$95,000. For appointment to view call 250-615-8205 (10p3)

3 BEDROOM house with attached garage, insulated, wired and heated shop. Front and back yards fenced with chain link. Natural gas fireplace, hardwood floors and 5 appliances. Walking distance to downtown and schools. Asking \$129,900 250-638-7748 (9p3)

3 BEDROOM house. Southside, open house, Sunday's 2-4, 2811 Molitor, call for appointment on other days. \$124,900 250-635-2509 www.molitorhouse.piczo.com (10p3)

566 Mobiles

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1080 Sq. Ft.
3 Bedrooms
Only \$20,000



Top Condition
2 Bedrooms
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Royal LePage Terrace
#102-4644, Lazelle Ave., Terrace, B.C.

554 Houses

FOR SALE by owner. Private 2 acres of land fully fenced. With soil. Jackpine flats. 3 bedroom mobile & addition in good condition. 407 Edgewood. Appointment only \$96,000 250-635-3756 or 250-615-2532 (10p3)

MUST SEE beautiful 3 bedroom, 1 bath, built in 1996, in quiet neighborhood, close to schools, all appliances included, elegant fixtures, gorgeous new paint and hardwood floors, large front & back yard, \$142,000. Must see to appreciate. Call for viewing. 250-635-3828 (9p3)

NEWISH HOUSE with big yard or property, (4 or more bedrooms) getting you down? We're looking to buy. Call 250-615-7148 (8p3)

REDUCED TO \$92,000. Home, 1,600 sq. ft. Newer addition, 4 bedrooms, den, hardwood & carpet. For more info, call 250-847-3344 (9p3)

WANT TO save on Realtor fees? I'm looking for a 3+ bedroom house in the Horseshoe area. Call 250-635-9191 (8p3)

566 Mobiles

1971 12 X 62 mobile home in Pine Park. New furnace, hot water tank and w/d, newer siding, carpet, painting throughout, new storage shed. Asking \$8,900.00 obo. 250-798-9511 (6cfrn)

1996 14 X 70 Moduline mobile home with 8 x 25 closed in porch, 12 x 16 deck, vaulted ceilings with sky lights, oak kitchen and flooring, 2 bedrooms, 2 bathrooms, fridge, stove, microwave, dishwasher. Everything in excellent condition, very clean. Must be moved. \$47,000 obo. 250-638-0362

2 BEDROOM, 2 full bath trailer with new addition, sunken living room with fireplace, double glazed vinyl windows, winter roof, skylights, 4 appliances. Only 12 years old. Asking \$38,500 250-638-1935 or 250-635-4686 (5p3)

5 BEDROOM mobile. New 10x32 addition. 5 appliances, close to Thornhill schools. Moving \$19,900 OBO. Recently updated. 250-615-0066 (8p3)

596 Townhouses

FUN IN THE SUN Pentiction. Lovely 2/bdrm 3/bath 1272 sq.ft. townhouse on Pentiction Creek. Yard, sundeck, fireplace 5-appliances \$242,900. Ph 250-490-0094. Visit www.pentictiontownhouse.com

618 Feed & Seed

HAY & Straw. Large rectangular 1200 - 1400 lb. bales or small 50 - 60 lb. bales. Alfalfa or Timothy hay, delivered. Call 250-847-0783 (9p3)

624 Fruit/ Produce/ Meat

LIVE CRABS for sale Fridays, 3-6 p.m. at the intersection near Thornhill Junior Secondary. For pre-orders & delivery info call 1-250-622-8682. Minimum order for delivery is 10 crabs. (10p3)

636 Livestock

BOWERMAN BROS. & GUESTS ANNUAL BLACK ANGUS BULL SALE
Friday, March 17, 2006, 1:00 p.m. - Nilsson Bros., Vermilion, Alta. 85 head yearling and two year olds. **Angus Bulls** for the Real World
Sire's Represented:
- Johnston Nugget 370E
- OCC Legacy 839L
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- Bar L U Bandolier 73M
- SCA Kincaid
Bowerman Bros., Leonard: (306)236-5086, Harvey: (306)236-5395. Nesset Lake Angus, Ivan: (306)236-6058. Hillfire Angus, John: (306)236-4271. Crossway Angus, Lynn: (306)753-3375. Phil Campbell Ranching, (306)893-4389.

REGISTERED RED Angus two year olds and yearling bulls for sale. Semen tested - deposit will hold until April. Call: Walter 1-250-699-6990 Diamond X Ranch Ltd. (5p6)

642 Pets

Rare Breed! Karelian Bear dog puppies, registered stock, ready to go, well socialized. Instinctive predator control. \$700.00 Canadian, at kennel. (250) 790-2351 or e-mail sjpotter@wake.com
PUPPIES for sale. Chihuahua, pomeranian cross. 4 females, 3 males. Asking \$350 each. Born New Years day. Ready to go Feb. 25, 2006 250-638-1822(8p3)

762 Cars

1994 THUNDERBIRD, 37 mile/gallon Hwy. 86,000 original kms, remote command start, 4L V6. No rust, very nice condition. Asking \$6,500. 250-635-6128 (8p3)

2002 VWPassat 1.8t, 5spd, sunroof, heated seats, A/C, great stereo, 2 sets of tires. \$19,000 OBO 250-615-5408 (8p3)

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FOR SALE 2001 Grand Am SE.

Silver, 2 door, 5 speed. Air condition, cruise control, theftlock, many more options, excellent condition. 123,000 km. \$9,850 250-638-8753 (10p3)

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108,000 original kms. All new tires and winter tires on rims. New exhaust. Asking \$3,995. 250-638-0522 (8p3)

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762 Cars

PREMIUM 81 Pontiac Parisienne, 305 auto. \$1,500 250-638-0188 (9p3)

780 SUV's & 4x4's

1997 SUZUKI Sidekick. Only 131,000 km, 2 sets new tires, exc. condition, very fuel efficient, all service records. \$6,600 OBO. Call Kate 250-847-4426 98p3)

FOR SALE. 1992 Ford Bronco 4x4. Blue. Asking 3,500 OBO 250-635-9572 (10p3)

JEEP 89 4 door, 4x4 Cherokee Laredo. Excellent condition, Michelin AT/tires, power, windows/locks. \$4,500 OBO. 250-635-1624 (10p3)

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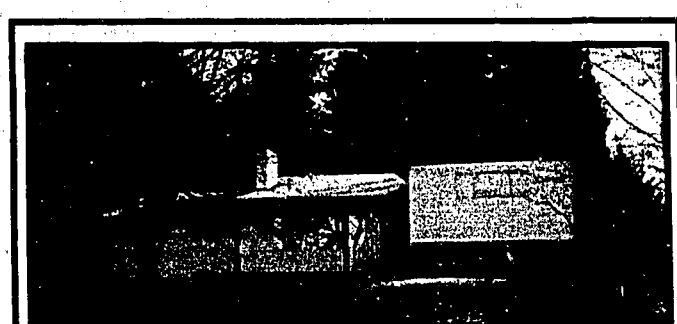
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CRIME STOPPERS 635-TIPS

554 Houses



1,152 SQ. FT. HOME
3 BEDROOMS UP, 1 DOWN
Extensively renovated with new laminate up plus 2 rooms down. Ceramic tiles in kitchen, entrance & downstairs bath. New carpets down, some new bathroom fixtures, many new light fixtures. New hot water tank, furnace approximately 12 years, newer roof, large lot, quiet, calm location, in Terrace.
HURRY, PRICED TO SELL AT
\$117,900
250-561-2102



ON BENCH IN TOWN
4402 Munroe
Short walk to Uplands School.
3 bedroom upper suite
2 bedroom basement suite
Nice Quiet Location
Asking **\$137,900**
Call Rob at 638-7290

SOUTHSIDE



Short walk to KitiKshan School
4 bedroom upper suite
2 bedroom basement suite, Large yard
Asking \$126,900
Call Rob at 250-638-7290

Buying or Selling?

Call... **Sheila LOVE**



1-4727 Vesta Dr.
•3 bedrooms, 2 baths
•Family room down
•Oak kitchen
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Victor Cavalcante



Eddie Vance

815 Legal Notices

BC TIMBER SALES NOTICE INVITING APPLICATION FOR TIMBER SALE LICENCE A69205

Take notice that, pursuant to Section 20 of the Forest Act, timber sale licence A69205 is being offered for sale by BC Timber Sales, Skeena Business Area, Terrace Field Team.

Closing Date: March 23, 2006 @ 8:30 a.m.
Geographic Location: Exstew FSR

Estimated Volume: 5,180 cubic metres, more or less Term: 2 years

This timber sale licence has been designed for harvest using a ground based system. The use of other systems may be subject to the Forest and Range Practices Act and its regulations.

The upset stumpage rate \$0.50/m³ for deciduous volume was determined by miscellaneous timber pricing policies and is applicable only to cottonwood. This timber sale licence is not fully developed.

Please Note: This is a bonus offer for cottonwood only. All other species will remain standing and will not be harvested.

Species percent: Cottonwood 100%

This licence requires the building of approximately 0.7 kilometres of on-block roads and approximately 1.6 kilometres of access road under an associated Road Permit.

Tenders will be accepted from individuals or corporations registered as a BC timber sales enterprise in Category 1, 2 or 3. Applications will be accepted by the Timber Sales Manager, Terrace Timber Sales Office, Skeena Business Area, 200 - 5220 Keith Avenue, Terrace, British Columbia V8G 1L1. Tenders will be opened in public at 9:30 a.m. on March 23, 2006.

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Office by contacting the receptionist at (250) 638-5100. Contact Brian Ness at (250) 638-5104 for field enquiries only.

Electronic version of this notice & tender pkg is available at: <http://www5.for.gov.bc.ca/notices/lnit.do?noticeId=2470>

BC TIMBER SALES CALLING FOR TENDERS BCTS Offshore Selected Development Areas Total Chance Plan Contract PDTSK077TC-301

Sealed Tenders for Total Chance Plan Contract PDTSK077TC-301 will be received by the Timber Sales Manager, BC Timber Sales Office, Skeena Business Area, 200-5220 Keith Avenue, Terrace, British Columbia by 9:00 a.m. on March 27, 2006, at which time all tenders will be opened in public.

This contract includes three separate BCTS offshore areas: Dak River and Illance River drainages, and Ayton Creek (both are in the North Coast Forest District), and Caribou Creek in the Kalum Forest District. Other area(s), in addition to the identified, may be added at the discretion of BCTS. The rate paid will be based on the per hectare and/or hourly rates that apply to this contract.

Viewing of these sites prior to submitting a bid is not mandatory.

This contract has an "option to renew" clause for two (2) further fiscal years, provided satisfactory completion of previous works and funding being available.

The successful Contractor must meet the eligibility requirements as outlined in the Conditions of Tender. Only bidders who have demonstrated experience performing Coastal Total Chance Planning projects or bidders who, through former employment, have experience performing work projects of a similar type and size, determined to be acceptable to BCTS, will be considered for award of this contract. Firms must be experienced and capable of providing cost benefit analysis, and be able to make professional recommendations and all project services indicated in the tender package.

Tenders must be submitted in accordance with the terms and conditions specified in the tender package. Tenders will not be considered having any qualifying clauses whatsoever. The lowest priced or any tender will not necessarily be accepted. Contract Award is subject to funding being available at the time. BC Timber Sales, Skeena Business Area will administer the work.

The particulars may be obtained from the receptionist at (250) 638-5100 or at the address above. An electronic version of this notice and particulars package is available on BC Bid. For technical enquiries only, contact Michael Folkema, R.P.F., (250) 638-5189 or email Michael.Folkema@gov.bc.ca.

815 Legal Notices



BC TIMBER SALES NOTICE TO ROAD CONTRACTORS INVITING ROAD CONSTRUCTION AND MAINTENANCE CONTRACTORS FOR GENERAL MEETING

A general meeting will be held by the BC Timber Sales Office, Skeena Business Area, for Road Construction and Road Maintenance Contractors.

The meeting will be held on March 30, 2006 at 9:30 a.m. at the BC Timber Sales Office, 200 - 5220 Keith Avenue, Terrace, British Columbia.

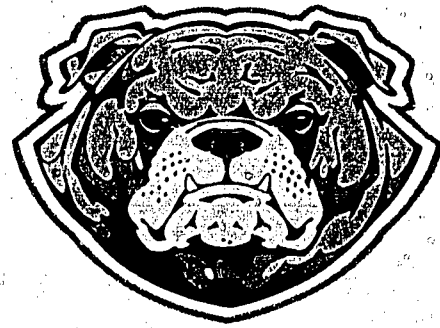
The purpose of the meeting is to inform suppliers about EMS changes, changes to Road Construction and Maintenance contracts, changes in advertising for contracts, new legislation and topics received by Contractors from the questionnaire.

Anyone who is intending on bidding on Road Construction or Road Maintenance contracts in the Skeena Business Area should attend.

Pre-registration is required, with a limit of two people per supplier. To pre-register, please contact the Receptionist at (250) 638-5100.



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River Kings fight the Ice Demons

That was prefaced by a showdown when River King Nathan McNamara challenged 'Demons' defenseman Danny Ennis. Both men limped off the ice after.

Just before that fight broke out, River King Ivan Laschenko and Kitimat's Ian Coleman dropped their gloves in front of the Terrace bench.

The fifth fight was a mugging of Kitimat's "senior citizen", whose second period goal incensed Terrace fans. Owen was jumped from behind in the corner to the left of goaltender Carlsen by River King Toby Mitchell.

A hat trick of goals by Demons assistant captain Craig Hewitson, plus a goal and two assists by Kitimat's leading scorer, Blaine Markwart, was more than enough to oust the River Kings, who were short of defensemen that night.

Kitimat attempted to eliminate a less-than-stellar fourth place finish in the league standings with back-

to-back victories in both playoff rounds to capture its second straight Kal Tire Cup.

Because the game was called, Kal Tire's Cedarland Tire Service owner, Rick Letawski, presented the Kal Tire Cup to Ice Demons' captain Chris Vilness in the Demons' dressing room.

League President Bill Blacklock presented the CIHL playoff most-valuable-player trophy to Demons' defenseman Jeff Mildnerberger, who had a great season both defensively and offensively, leading the league's defensemen in scoring.

He had three assists on

Saturday night's game on goals by Brent Mailloux, Hewitson and Brad Owen.

In the final game, Kitimat built a first period 4-0 lead on goals by Mailloux, assisted by Mildnerberger and Hewitson, Ennis assisted by Whelan and Daniel Mayer, and back-to-back goals by Hewitson, assisted on the first by Markwart and Harry Dahlwal and the second by Markwart and Mailloux.

In the second period, River King Gary Kerbrat started what Kings' fans hoped was a comeback when he pushed a rebound when he pushed a rebound from a Richard Lindstrom shot behind Jamie Moran in the Kitimat zone.

But Demons got that one back on a goal by Jeremy Brady who went top shelf on Terrace starter Brad Norwood after Doug Wilson stole the puck at centre ice and sent Brady in alone.

Moran saw very little action in the Kitimat net, as Terrace mustered fewer than 20 shots in the game.

Still suffering from an earlier groin injury, Moran was replaced by alternate goalie Brett Vilness at the midway point of the game.

Owen scored to wind up the second period on a nice three-way passing play started by Baker and relayed by Mildnerberger.

Third period goals in-

cluded a short-handed unassisted goal by Hewitson, who stole the puck from the last Terrace defender at his own blue line and went in alone on Carlsen who couldn't stop the deke.

Markwart finished the rout four minutes later with a hard shot behind Carlsen, assisted by Mailloux and Whelan.

With the game out of reach and Miller trying to regain control, Laschenko called out Coleman and the fisticuffs began.

The win was the Ice Demons' second consecutive CIHL championship.

-with files from the Northern Sentinel

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Sports Menu

- March 8 to 11
The Coy Cup round robin continues Wednesday and Thursday with games at 5 p.m. and 8 p.m. in Kitimat. On Friday, the second-place round robin team plays the third-place round robin team at 8 p.m. The Championship game goes Saturday at 8 p.m. between the first-place round robin team and the winner of Friday's game.
- March 10 to 12
The Gitwinksihlkw Youth Sports and Recreation Society hosts the Oolichan Classic basketball tournament for 12 and under boys and girls at the Memorial Centre in Gitwinksihlkw. The double knock-out tournament invites teams from New Aiyansh, Greenville, Kincolith, Kispiox, Terrace, Prince Rupert, Gitsegukla, Kitimaat, Kitwanga, Hazelton, Port Simpson and others. For more information, call 250-633-2240 or 250-633-6803.
- March 11 and 12
Timbits hockey takes on the region in a seven-team tournament at the arena. Come on out to cheer on our two local teams who play at 10 a.m. and 11 a.m. Saturday. For more information, call Lynn Nordstrom at 615-6301.
- March 11 and 12
All Seasons Slopestyle event races down Shames Mountain.
- March 12
Skeena Valley Snowmobile Association welcomes everyone to its Poker Run at Sterling Mountain starting at 9 a.m. in the parking lot. The last hand is at 11:30 a.m. Each hand costs \$20 or three hands for \$50. First prize is \$300 and there will be plenty of great prizes. For more information call Trevor Gibson at 635-2909.
- March 16 to 19
The Terrace Squash club hosts a St. Patrick's Day tournament at Northwest Community College. For more details, call Elaine at 638-5457.
- March 17 to 19
Region 5 and 6 inter-regional mixed bonspiel goes at the Terrace Curling Club to determine the qualifier for the Mixed Curling Championship in Kamloops at the end of the month.
- March 18
Shames Mountain hosts its annual Rail Rodeo.
- March 19
The Ruins Cup swooshes down Shames Mountain.

Sports Scope

Come join a winning team

BC SENIORS Games Zone 10 Terrace is holding a membership drive at the Happy Gang Centre here every Friday in March from 11 a.m. to 1 p.m.

Members must sign up by March 31 in order to take part in the playoffs for the 2006 B.C. Seniors Games, which will be held in Abbotsford August 23 to 26.

For more information, call Betty at 635-3352.

Thanks!!

The Ksan House Society would like to thank everyone that donated gifts to our Transition House Shower. Special recognition goes to Gail Murray, Larissa Tarwick, Sandy Glendenning and the Family Place for organizing and providing a venue for the event. As always our community never fails to amaze us with their support

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CCM 652 Tacks Mens	\$329.99	\$199.99
Bauer 5000 Juniors	\$299.99	\$199.99
Bauer 5090 Juniors	\$199.99	\$129.99
Womens Molded Ice-Tec Skates	\$99.99	\$49.99

WINTER BOOTS	REG.	SALE
Sorel WMNS Waterfall	\$129.99	\$64.99
Columbia Mens & Womens Bugabootoo	\$149.99	\$74.99
Columbia Kids Frost Flight	\$69.99	\$34.99
Merrell Mens & Womens Polar MOC	\$129.99	\$64.99

DOWNHILL SKI	REG.	SALE
Salomon Xwave 6.0 Boot	\$449.99	\$299.99
Smith & Scott Ski Goggles		30% OFF
Head XCR 500 Ski & Binding	\$824.99	\$577.99
Giro Nine 9 Helmet	\$129.99	\$89.99

SNOWBOARDS	REG.	SALE
Protec Jr. AMP Helmets	\$84.99	\$50.99
Atomic Alibi Snowboard	\$599.99	\$419.99
Salomon SPX Pro Binding	\$329.99	\$229.99
Salomon Malamute Boot	\$449.99	\$299.99
Vans Womens Hi Standard Boots	\$229.99	\$159.99

HOCKEY EQUIPMENT	REG.	SALE
Winnwell Metal Goals w/Netting	\$129.99	\$99.99
Hespeler GT Goal Pads	\$369.99	\$299.99
Eagle Paragon Gloves	\$149.99	\$119.99

X-C SKI	REG.	SALE
XC Ski Waxes	\$6.50	\$2.99
Fischer No Wax Summit Skis	\$159.99	\$129.99

SOCCER	REG.	SALE
Nike Shin Guards	\$9.99	\$2.99
Iris Soccer Socks	\$9.99	\$2.99
Mitre Speed II Shoes	\$59.99	\$39.99

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		30% OFF

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		1/2 PRICE

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LAS VEGAS SLOT MACHINE	REG.	SALE
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		30% OFF

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		\$49.99

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		20% OFF

INLINE SKATES	REG.	SALE
Mission - Bauer - K2		30% OFF

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